

Join us for a **SPLASHING GOOD TIME!**



The **Rockford Marlins Swim Club** invites you to try a free week of swimming this summer!

Visit our website at [www.rockfordmarlins.com](http://www.rockfordmarlins.com)

**Head Coach: Nichole Gaines**

**815-543-8066 or [headcoach@rockfordmarlins.com](mailto:headcoach@rockfordmarlins.com)**

**Coaches: Traci Torbert (Belvidere Girls High School Co-op Head Swim Coach),**

**Brett Wison (1992 Olympic Trial Qualifier)**

**Melissa Adams, Jeremiah Box, Jordan Cenicerros, Nate Theisen**

**We have some GREAT events planned for the summer season!**

**Build endurance, increase your speed or stay in shape for the High School Athletic season!**

**Be Encouraged ♦ Have Fun ♦ Family Friendly Environment**

\*SWIMMERS AGES 5 – 18 are encouraged to sign-up for a fun summer of swim and friendly competition!  
Swimmers must be able to float on their front and back, as well as demonstrate the ability to swim at least one length of the pool (25 yards) with minimal assistance.

