

BELVIDERE BUCS YOUTH FOOTBALL CAMP OPEN TO ALL 3RD - 8TH GRADERS

JULY 9 - 12, 2018
MONDAY - THURSDAY
11:30 AM - 1:00 PM

FREE

COACHED BY:

**DARIN WECKER, HEAD FOOTBALL COACH
& THE BELVIDERE FOOTBALL STAFF**

LOCATION/DROP OFF:

**NORTH PARKING LOT NEAR FUNDERBURG STADIUM
(IN CASE OF POOR WEATHER, WE WILL BE IN THE AUX GYM)**

AREAS OF FOCUS

**DYNAMIC WARMUP
RUNNING MECHANICS
STANCE
GET-OFF
BACK PEDAL
PROPER TACKLING TECHNIQUE
BLOCKING
PASSING & RECEIVING**



DEVELOPING CHAMPIONS FOR LIFE THROUGH FOOTBALL

#NoWeakLink

CONTACT

DWECKER@DISTRICT100.COM
(815) 547-7552

BELVIDERE HIGH SCHOOL
ATTN: DARIN WECKER
1500 EAST AVENUE
BELVIDERE, IL 61008



**ALL CAMP PARTICIPANTS MUST BRING WORKOUT CLOTHES AND SHOES/CLEATS.
EACH CAMPER WILL RECEIVE A T-SHIRT**

CAMPER'S FULL NAME: _____ FALL 2018 GRADE: _____

CAMPER'S ADDRESS: _____ CITY: _____ ZIP: _____

PARENT/GUARDIAN FULL NAME: _____

HOME PHONE: _____ CELL PHONE: _____ PLAYER'S AGE: _____

EMAIL: _____

EMERGENCY CONTACT INFO: _____

T-SHIRT SIZE (PLEASE CIRCLE): **YOUTH**— SM MED LG **ADULT**— SM MED LG XL XXL XXXL

WAIVER & RELEASE: IN CONSIDERATION FOR ALLOWING THE PARTICIPANT TO PARTICIPATE IN THE ACTIVITY, I AGREE NOT TO SUE AND I HEREBY RELEASE, WAIVE, DISCHARGE, HOLD HARMLESS, INDEMNIFY, AND DEFEND BELVIDERE HIGH SCHOOL AND THE BELVIDERE FOOTBALL COACHING STAFF FROM ANY AND ALL LIABILITY, LOSSES, DAMAGES, CLAIMS, ACTIONS, AND CAUSES OF PERSONAL INJURIES, PROPERTY DAMAGE, OR THE LOSS RELATING IN ANY WAY TO THE PARTICIPANTS' INVOLVED IN THE CAMP.