



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

INSTANT SWIMMER: JUST ADD WATER

Belvidere Barracudas
BELVIDERE FAMILY YMCA



**THIRD PLACE
STATE FINISHERS FOR
OVERALL TEAM IN 2017
&
BOYS TEAM IN 2017!**

Love to swim? Then join the winning team! Belvidere Barracudas is now recruiting new swimmers ages 5-21 to become part of our dynamic, goal-oriented team.

Our skills-based program focuses on the swimmer as a whole covering everything from stroke technique, nutrition, character building and much more. Join the team that is more like a family!

Give us a week to show you how much you will LOVE being part of our team!
Contact Coach Matt for your free week trial.

When: Practice begins August 16th
Location: BELVIDERE FAMILY YMCA
220 West Locust Street
Belvidere, IL 61008
815-289-3486 | p
matt.kopald@gmail.com | e
belviderebarracudas.org | w

**ATTEND THE PARENT INFORMATIONAL
MEETING ON MONDAY, AUGUST 14TH
AT 6:30PM!**

**The meeting will be held in the
Social Room at the Belvidere Y!**