



**Belvidere North High School Girls Running Camp**

Blue Thunder Girls Cross Country will host its summer running camp for 7<sup>th</sup> – 12<sup>th</sup> graders from June 11<sup>th</sup> through June 21<sup>st</sup> starting at 8:00 AM

Camp will be instructed by Coach Ken Husser, Assistant Coach Drew Pivoras, Assistant Coach Erin Foster, and Assistant Coach Molly Scheidegger.

- Dates:** 6/11 at BNHS Weight Room 8 AM to 10:30
- 6/12 at Rock Cut Lions Club 8 AM to 10:00
- 6/13 at BNHS Weight Room 8 AM to 10:30
- 6/14 at Rock Cut Lions Club 8 AM to 10:00
- 6/18 at BNHS Weight Room 8 AM to 10:30
- 6/19 at Rock Cut Lions Club 8 AM to 10:00
- 6/20 at BNHS Weight Room 8 AM to 10:30
- 6/21 at Rock Cut Lions Club 8 AM to 10:00

**Cost is \$35.00 for Middle School Students**  
**Cost is \$50:00 for incoming Freshman and all High School Students**  
 (the cost covers training for the rest of the summer)

If you are registering a second high school student the cost is \$35.00

**Make Checks Payable to BNHS**

**You may drop off or mail your payment to the Athletic Office at BNHS**

Registration ends June 8th

Register by May 28th to receive a camp t-shirt

**Feel free to contact me with any questions at [khusser@district100.com](mailto:khusser@district100.com)**

-----Detach and Return with Your Payment-----

Athletes Name \_\_\_\_\_ Amount \$ \_\_\_\_\_

Grade: \_\_\_\_\_ (Fall of 2018)      Shirt Size \_\_\_\_\_

Parent Contact Information: E-mail \_\_\_\_\_ Cell Phone \_\_\_\_\_

**Waiver**

Your son/daughter has indicated an interest in registering as a participant in our summer camp. We provide NO medical insurance coverage of any kind and strongly urge that you seek coverage if your son/daughter is not already covered. By registering you are acknowledging that you are waiving and releasing all claims for injuries which your son/daughter may sustain arising from participation in our camp. I hereby understand that I and/or my family members acknowledge the risks inherent in the above mentioned activity and agree that NO liability will be claimed or enforced against any person or group therewith connected. I understand that no hospitalization, health or accident insurance is provided in connection with the said registration. I further state that I have read and understand that this is a general release and that I intend for it to be legally bound by the same. I hereby give my consent for my child to participate in the Belvidere North High School Sports Summer Camp. I assume all risk in regard to participation in this or any other—Belvidere North High School (District 100) program in which my child participates. I release, indemnify, and agree to hold harmless Belvidere North High School (District 100), its directors, administration, officers, coaches, instructors, property owners and volunteers from any and all liability that may result from participation in Belvidere North High School Sports Summer camp.

**Parent Signature** \_\_\_\_\_ **Date** \_\_\_\_\_