



Great cross-over sport for football, basketball, soccer and hockey players.

Inclusive club team - no cuts, no experience necessary.
FREE INTRODUCTORY SESSIONS



ATHLETIC.



FAST.

Practice Begins Feb. 15*

Tuesdays 5-7:00 p.m. &

Thursdays 7-9:30 p.m.

@ Indoor Sports Center

rockfordlax.net@gmail.com

 rockfordlax.net

 Rockford Lax - Rockford Lacrosse

With **20,000** new players being added every year, **Lacrosse** is the fastest growing sport in the USA.

The Rockford Lacrosse Club has Teams from 3rd Grade - High School
***Please Visit the Website for Starting Practice Times by Grade**

Sponsored By:



COMPETITIVE.