



BNHS NEWS

Belvidere North High School • 9393 Beloit Rd. • Belvidere, IL • 61008
815-544-2636

Mr. Marc Eckmann, Principal

Dean: Jim Sheridan Assistant Principals: Jody Flynn • Matt Fry • Sarah Wolf

February, 2017

Dear BNHS Families,

I trust the start of the second semester is off to a great start! This edition of the newsletter is full of useful information. Please keep it handy as a reference.

At the end of last semester, we kept the BNHS library open additional hours so our students could: work on group projects, access computers, and have a quiet place to study. As a result of the interest in the program, our library will be open until 4:30 Monday - Thursday. The library will not be open during early release days. Students will be able to access computers to complete school work, hold meetings for group projects, and study quietly. Additionally, the Belvidere North High School Late Bus will run every Tuesday and Thursday. The bus leaves BNHS promptly at around 4:15 p.m.

BNHS parent teacher conferences will take place on February 16th from 4:30-8:30. Parents can schedule appointments with teachers or just drop in and meet with teachers when they are available. Scheduling for conferences will begin on February 9th and last until February 16th between the hours of 8:00 a.m. - 3:00 p.m. The telephone number to schedule conferences is (815)547-4839.

The Belvidere North High School Parent Advisory Board meets on a monthly basis in the BNHS library. All parents are invited to attend. At each meeting, there will be a presentation and time for parents to share their suggestions and ask questions. The meetings are scheduled at different times to meet the scheduling needs of our families. Here is the schedule for the remaining meetings for the 2016-2017 school year:

February 16, 2017	6:30 p.m.
March 14, 2017	8:30 a.m.
April 21, 2017	4:30 p.m.
May 9, 2017	6:30 p.m.

The BNHS Suggestion Box can be accessed from our website by clicking About Us and selecting Suggestion Box. You can use the BNHS Suggestion Box to: share a celebration, ask a question, offer a suggestion, or share a complaint. Information provided using the BNHS Suggestion is completely anonymous. The suggestion box does not collect email addresses.

I hope the information in this letter provided some options to enhance your child's experience at BNHS. As always, please do not hesitate to contact me or any member of the BNHS Staff by telephone call or email message. We are always more than happy to provide assistance.

Sincerely,

Marc Eckmann
Principal

IMPORTANT VACCINATION NEWS



Illinois State Law requires vaccination of Meningococcal Conjugate Vaccine (MCV4) to all students entering 12th grade. If you have not done so contact your doctor office or health department for review and an updated shot record to provide proof of this requirement for your school health record. Meeting this requirement as soon as possible prevents unnecessary strain on busy schedules during summertime and at the beginning of the 2017-2018 school year. If you have any questions, please do not hesitate to contact our school nurse, Phyllis Dake at extension 3514 or through email.

Foreign Exchange Opportunity

Would you like to learn about another culture without leaving home? Consider becoming a host family for an exchange student through AFS. Belvidere North has hosted students from around the world. Maybe your family would benefit from this amazing experience. Students from Belvidere North also can apply to study abroad. If you are interested in becoming a host family or learning more about the study abroad program, visit the website: www.afsusa.org or contact Glenda Mundis by email at gmundis@district100.com or by phone at (815)547-3684.

Illinois Democracy Initiative

Belvidere North High School is in the process of seeking recognition as an Illinois Democracy School. The Illinois Democracy School Initiative is sponsored by the McCormick Foundation, which is committed to recognizing and supporting high schools that are dedicated to expanding and improving civic learning experiences across the curriculum. High-quality civic learning experiences allow young people to develop the knowledge, skills and dispositions that facilitate informed participation in public life. The Democracy School Initiative is a three-phase process that typically takes one year to complete. Belvidere North High School is in the second phase of the recognition process, which involves pre-assessing the elements of civic education that are embodied throughout the school. The third and final phase of the recognition process is identifying opportunities for improvement in civic learning experiences for students. Membership benefits as an Illinois

Democracy School include:

- A certificate signed by the Illinois State Board of Education Chair, local State Representatives and the Chief Justice of the Illinois Supreme Court
- Two banners for public display at school
- Stipends to support implementation of improvement plans
- Democracy School status recognition on Illinois Report Card

Erin's Law Presentation to take place on March 1, 2017

Many states, including Illinois, in the past several years have passed laws with the intent of increasing the awareness of child sexual abuse. You may have heard of this legislation under its more common name, Erin's Law, in honor of Erin Merryn, a brave young woman who has crossed the country advocating for laws that will increase awareness of this crime against children. One of the requirements of this law is that schools provide an age appropriate curriculum to all students relating to sexual abuse prevention, which may include a variety of discussions, activities, videos and role play scenarios. The purpose of the lessons is to provide students tools needed for personal safety and to provide a nurturing and caring environment open for disclosure of any incidents.

BNHS has invited a professional from Rockford Sexual Assault Counseling, Inc. to present information to all of our students the morning of March 1, 2017. Student services staff will be available throughout the day for further discussion and support, if needed, for all of our students. If you have any questions about the content of the program or if you wish to inquire about opting out, please feel free to contact the Guidance Office at [\(815\) 547-3860](tel:8155473860).

Student Council Rec Night

Saturday, March 4 from 5pm-9pm Student Council will be hosting a Rec Night. We will have laser tag, three large inflatable obstacle courses, music, and more. Your \$10 admission fee will include two rounds of laser tag and unlimited use of the inflatables. Tickets will be on sale in the cafeteria at lunch February 21- March 3.

BILLING STATEMENTS

Please be aware that billing statements have been mailed home to all students who have unpaid fees. All senior fines must be paid in full by April 28, 2017. Fees can be mailed to the school attention bookkeeping or paid anytime in the Main Office at BNHS. If you have questions or would like to setup a payment plan, please contact Claudia Najera at (815)547-3513.

After School Transportation

North's library has extended its hours to allow students to stay after school until 4:30 p.m. This allows students extra time for academic work and computer use. In addition to this, there will be a late bus to transport students home on Tuesdays and Thursdays at 4:15 p.m. If you have any further questions please contact the Guidance Office.

SAT Testing



All Juniors will be required to participate in the SAT test on April 5,

2017. There is no cost to students and they do not need to register for this test. More information on the SAT can be found at SAT.org and specific details for this test date will follow in upcoming announcements.

2016-2017 AP Exam Information

AP Exam season is nearly upon us! Any student interested in taking an AP Exam will need to register in the Guidance Office. Registration forms will be available in the Guidance Office beginning February 1, 2017.

Why take an AP Exam?

Students who earn a score of 3, 4, or 5 may receive college credits and/or be exempt from taking certain classes in college. Doing so can allow students to save college tuition and even help them progress toward meeting the graduation requirements of their college. The College Board website (see below) allows students and parents to search for their college's minimum score requirements.

Registration for AP Exams:

February 1, 2017 - March 31, 2017

Location: All AP Exams will take place at Belvidere North High School.

Please visit <https://apstudent.collegeboard.org/home> for additional information about AP Exams.

Cost of AP Exams:

\$93 per AP Exam, \$53 if student qualifies for Free & Reduced Lunch.

Please make checks payable to Belvidere North High School.

Test Dates:

May 1 through May 12, 2017. North will offer the following exams:

<u>Date</u>	<u>8:00 AM</u>	<u>12:00 PM</u>	<u>2:00 PM</u>
5/2/2016	AP Chemistry	AP Psychology	
5/4/2016	AP English Lit.		
5/5/2016	AP Calculus AB		
5/6/2016	AP US History		
5/9/2016	AP Biology		AP Physics C
5/10/2016	AP US Government		
5/12/2016		AP Statistics	

National Honor Society

Juniors with a 3.2 GPA can apply to NHS by Feb 10. The application is available on the BNHS homepage and at belvidernorthnhs.weebly.com

NHS will be selling Valentine Messages and Treats during all lunches Feb 6-10 for a dollar!!

Art Department

The Art Department at BNHS is looking for donations of working digital cameras. They can be SLRs or point and shoots. Contact Edith Obenchain in the Art Department or drop off in the Main Office to Edith Obenchain's attention.



Theater Department

The Musical, Once Upon a Mattress will be performed the weekend of March 16-19. If you thought you knew the story of 'The Princess and The Pea,' you may be in for a walloping surprise! Did you know, for instance, that Princess Winnifred actually swam the moat to reach Prince Dauntless the Drab? Or that Lady Larken's love for Sir Harry provided a rather compelling reason that she reached the bridal altar post haste? Or that, in fact, it wasn't the pea at all that caused the princess a sleepless night? Carried on a wave of wonderful songs, by turns hilarious and raucous, romantic and melodic, this rollicking spin on the familiar classic of royal courtship and comeuppance provides for some side-splitting shenanigans. Chances are you'll never look at fairy tales quite the same way again. Starring seniors Tommy Crocker, Tommy Karl, Seth Lambright, Hannah Potter, juniors McKenna Mosher, Eileen Bunt, Angelica Gaj, Max Taylor, and many more, you will be sure to enjoy this production.



Sparkle & Shine

Prom 2017

Saturday, April 8, 2017

6 pm-11pm

The Starline Factory

Harvard, IL

Tickets on Sale

March 13-17 at \$60 per ticket

March 20-24 at \$70 per ticket

Busses will be an option for transportation – more information to follow.

100 Days Of School Celebration – Food Drive



Mrs. Adams' class celebrated the 100th day of school by setting a goal for collecting 100 items of food. The class surpassed their goal and collected 177 items of food. The

food will be delivered to the Boone County Food Pantry in Capron. Mrs. Adams' class would like to thank everyone for their generous donations.

North Way Student and Staff of 2nd Quarter

Students and Staff submitted over 300 nominations for the Student and Staff of the Quarter.

The individuals selected exemplify strong character traits including responsibility, respect, and purpose. Congratulations to the winners and to the many individuals nominated!



Students:

Stephanie Cipolla, 11th Grade

Sam Horvath, 12th Grade

Alicia Limones, 12th Grade

Maya Moucharrafié, 10th Grade

Jovanny Ramirez, 10th Grade

Staff:

Kim Gengler, Special Education Paraprofessional

Nicole Kroepel, English Teacher

Jacob O'Hara, English Teacher

Jim Paddock, Special Education Teacher

Traci Torbert, English Teacher

Barbi Yunk, Administrative Assistant

Athletics

NIC-10 SCHOLAR ATHLETES



Belvidere North Athletics would like to congratulate the 29 Winter Athletes that were honored as NIC-10 Scholar Athletes for the 2nd Quarter! To receive this honor the

student must be a Varsity Athlete and have a grade point average of 3.3 or higher. The student's first semester GPA is used to determine a Winter Scholar. Winter athletes honored are Alexis Addotta, Reghan Brands, Isabelle Edson, Caroline Flynn, Alex Jacobs, Payton Keithly, MacKenzie Powers, Nick Quinley, Alyssa Catbagan, Justin Bragg, Alex Schauer, Kylie Johnson, Tyler Demo, Chris Jarka, Brandt Lerma, Aidan Filipovic, Devin Green, Jacob Hedberg, Adam Hill, Jacob Pearson, Peyton Flynn, Emily Kaempfer, Brianna Lake, Alicia Limones, Haley McCoy, Josie Rieches, Ashlyn Smith, Corbin Gustafson, and Bennett O'Connell.

The following 29 students are honored as 2 season NIC-10 Scholar Athletes for both the 1st and 2nd quarters this year: Morgan Auman, Emily Carter, Braylee Cebuhar, Sophia Dutz, Giana Enciso, Taylor Ferguson, Emilie Gibbs, Katelyn Kehrer, Hannah Konkler, Ashleigh Liebenberg, Jordan Lutzow, Olivia Sawyer, Jazmin Alvarez, Maggie Anderson, Nicole Bratton, Sabrina Elder, Kathy Gutierrez, Grace Johnson, Lynnea Nottingham, Alyssa Stamper, Kari Torgerson, Madison Diercks, Morgan McNulty, Callahan Diercks, Caleb Blatchford, Noah Bowman, Jose Gonzalez, Sidney Baird, and Rachel Nelson.

Congratulations to the Blue Thunder Varsity Competitive Cheer Team on their **6th straight** NIC-10 Conference Championship! Good luck to the team as they travel to Belvidere High School on Saturday, January 28th for sectionals looking for a return trip to the State competition.

Congratulations to Justin Bragg for his 6th place finish at the Vernon Hills Bowling Sectional on Saturday, January 21st. With that great finish, Justin qualifies for the IHSA State Bowling Tournament January 27-28th in O'Fallon, IL. **Good Luck Justin!!!**

Girls Bowling will be attempting to make state and represent North for the fifth consecutive year. The team is led by Brynn Lambrecht, Kylie Johnson, Alexis Bendorf, Rachel Nelson, Sidney Baird, Emily Nakashima, and Camille Spencer. Congratulations to Brynn Lambrecht and Kylie Johnson for making the All-Conference team and Alexis Bendorf as an Honorable Mention. The girls also won the Sportmanship Award and finished conference with a 7-2 record and overall with a 12-2 record. **Good Luck at Regionals!!!**

Congratulations to the Belvidere North Boys Basketball team on their 54-52 victory over the Belvidere Bucs. Marco Yates had 15 points to lead North to the victory.

SPRING SPORTS MEETING



The spring sport specific informational meetings for parents and student-athletes interested in participating in a spring sport, are scheduled for Wednesday, February

15, 2017.

4:30 - 5:00PM – Concussion testing for any spring athlete without a baseline test-Computer Lab

5:45 – 6:30PM – Freshman and New Student Parent/Athlete Meeting - Forum Room

6:45 – 7:30PM – Sport Specific Meetings – Room numbers will be posted that evening (*Boys volleyball is a co-op sport that is handled by BHS. Please attend the BHS spring sports meeting Monday, February 13th at 6pm in the Learning Center at BHS. They will offer concussion testing after the meeting if needed.*)



Individual sport rules, practice/game schedules, expectations and requirements will be discussed at these sport specific meetings. This is a great time to meet the coaching staff and ask any questions you may have regarding the season.

Athletic registration is done online. Instructions on how to register online can be found on the Belvidere North Athletic 8to18 website and will also be given out at all sports specific meetings. Anyone trying out for or joining a team must have a current physical on file in the athletic office prior to tryouts or practice. There is a \$75 fee for each sport, this will be paid online during the registration process. If your son or daughter is playing their 3rd sport for the year please call the office to get a payment code as you do not have to pay for the 3rd sport.

If the student participated in a winter sport they need to be released by their winter coach before they are able to participate in a spring sport.

Spring sports begin:

Indoor Boys Track- January 30th (rolls into outdoor track-athletes can continue to join)

Indoor Girls Track- January 30th (rolls into outdoor track-athletes can continue to join)

Baseball, Boys Tennis, Girls Soccer, & Softball- February 27th

Boys Co-op Volleyball-March 6th (*Practices and games held at BHS*)

WINTER SPORTS AWARDS

The Belvidere North Athletic Department will be hosting their winter awards night on **Tuesday, March 7th**. Each individual sport will meet from 6:00-7:00PM. During this time, the athletes will receive their individual awards. From 7:00-8:00PM all sports will meet in the gymnasium. NIC-10 Scholar Athlete awards will be given out at this time and the head coach from each sport will share highlights from their season and present their MVP and captain awards. The night will conclude with cookies and punch provided by the athletic department. This is not a varsity only event, all athletes will receive their awards.

REMIND

Remind is a texting and email system that is now being used by all coaches at North to contact student athletes. All personal information remains confidential, coaches will never see your phone number, nor will you ever see theirs. Coaches will hand out a sheet at the spring sports meetings with instructions on how to join their team Remind. It is a good idea for both the athletes and their parents to sign up for notifications. Spring weather is very unpredictable and there are usually many schedule changes for games and practices.

SPRING WEATHER CANCELLATIONS

Spring weather in Northern Illinois can be very unkind to spring sports. In the case of any game or practice cancellations this spring season, the athletic office uses the communication tool on 8to18 to send emails out immediately to any team roster affected. Coaches will also send a notification on REMIND as soon as they get word of any cancellations. Please remember these changes many times happen with very short notice. Events that get rescheduled will be posted on our website just as soon as we confirm new dates. Please go to www.il.8to18.com/belviderenorth for the most updated schedules.

Please feel free to contact the Athletic Office at 815-547-3884 if you have any questions regarding athletics at Belvidere North.



