

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL
Date: 01/01/2018 - 01/31/2018

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Fat (g) | Sfat (g) | Na (mg) | Carb (g) | Pro (g) |
|--|-------------|--------------------|---------|----------|------------|-------------|---------|
| SIL CRC GNG LTD: Cereal Bars (3) :6132 - ServingDate: 01/08/2018 | | | | | | | |
| Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar) | 0 | 150.00 | 3.50 | 0.00 | 115.00 | 30.00 | 2.00 |
| Cocoa Puffs Cereal Bar - SR1308 (1 Bar) | 0 | 150.00 | 3.00 | 0.00 | 100.00 | 30.00 | 3.00 |
| Trix Cereal Bar - SR1307 (1 Bar) | 0 | 150.00 | 3.50 | 0.50 | 100.00 | 30.00 | 2.00 |
| Banana - SR1166 (1 medium (7")) | 0 | 105.02 | 0.39 | 0.13 | 1.18 | 26.95 | 1.29 |
| Pears, canned, diced, extra light syrup - ILR1463 (1/2 c.) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 16.00 | 0.00 |
| 100% Apple Juice - SR1204 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| 100% Orange Juice - SR1295 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| SIL CRC GNG LTD: Ultra Slice Breads (4) :6132 - ServingDate: 01/09/2018 | | | | | | | |
| Ultra Bread Slice - Banana - ILR1306 (1 ea.) | 0 | 281.14 | 10.04 | 2.01 | 220.89 | 44.18 | 5.02 |
| Ultra Bread Slice - Cinnamon Burst - ILR1302 (1 ea.) | 0 | 271.10 | 10.04 | 2.01 | 190.77 | 44.18 | 6.02 |
| Ultra Bread Slice - Cocoa - ILR1309 (1 ea.) | 0 | 271.10 | 8.03 | 1.00 | 210.85 | 44.18 | 7.03 |
| Ultra Bread Slice - Pumpkin - ILR1305 (1 ea.) | 0 | 271.10 | 10.04 | 2.01 | 220.89 | 43.17 | 6.02 |
| Unsweetened Applesauce Cups, Shelf Stable, USDA - ILR1461 (1 ea.) | 0 | 51.00 | 0.10 | 0.00 | 2.00 | 14.00 | 0.20 |
| 100% Apple Juice - SR1204 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| 100% Orange Juice - SR1295 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| PF Regional Milk, Chocolate Skim - | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |

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| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Fat (g) | Sfat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|--------------------|---------|-------------|------------|-------------|------------|
| K-5 WNTR Lunch Menu - Chicken Nuggets/Teriyaki Chicken - ServingDate: 01/08/2018 | | | | | | | |
| American Sub; Alpha Hot Dog Bun - ILR1127 (1 sandwich) | 0 | 286.18 | 9.50 | 4.30 | 1014.77 | 30.85 | 20.07 |
| Crispy Chicken Nuggets - SR1367 (5 ea.) | 0 | 263.78 | 15.07 | 2.51 | 401.95 | 16.33 | 16.33 |
| Perfect Pineapple Parfait - ILR1147 (1 ea.) | 0 | 134.02 | 0.81 | 0.51 | 53.07 | 28.32 | 3.79 |
| SIL Teriyaki Chicken, diced w/ broccoli, light teriyaki sauce, RECIPE - ILR1168 (4 oz.) | 0 | 182.18 | 2.23 | 0.02 | 365.41 | 25.77 | 14.75 |
| Steamed Brown Rice - SR1098 (1/2 c.) | 0 | 117.19 | 0.69 | 0.00 | 2.03 | 25.51 | 2.76 |
| Graham Crackers - SR1163 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 100.00 | 16.00 | 2.00 |
| Fun Size Apple - SR1216 (1 kiddie (<2)) | 0 | 47.62 | 0.16 | 0.03 | 0.92 | 12.65 | 0.24 |
| Mixed Fruit, Extra Light Syrup, Canned USDA - ILR1468 (4 oz.) | 0 | 54.00 | 0.00 | 0.00 | 4.50 | 13.50 | 0.00 |
| Orange Smiles - SR1172 (6 slice or w) | 0 | 45.12 | 0.12 | 0.01 | 0.00 | 11.28 | 0.90 |
| Pineapple, Canned Tidbits - ILR1008 (1/2 c.) | 0 | 54.30 | 0.10 | 0.01 | 0.91 | 14.08 | 0.46 |
| Fresh Broccoli Florets - SR1027 (1/2 c.) | 0 | 10.84 | 0.12 | 0.01 | 10.53 | 2.12 | 0.90 |
| Fresh Baby Carrots - SR1016 (1/2 c.) | 0 | 24.81 | 0.09 | 0.02 | 55.28 | 5.84 | 0.45 |
| Mixed Salad Greens - SR1080 (1/2 c.) | 0 | 5.57 | 0.06 | 0.01 | 11.56 | 1.04 | 0.53 |
| SIL Garlic Green Beans, cn, heated, drained - ILR1233 (1/2 c.) | 0 | 24.93 | 0.35 | 0.14 | 177.76 | 4.17 | 1.32 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| PF Regional Milk, White, Skim - ILR1138 (1 Half Pint) | 0 | 80.00 | 0.00 | 0.00 | 120.00 | 11.00 | 8.00 |
| BBQ Sauce, Heinz Dispenser - ILR1141 (1 oz.) | 0 | 37.80 | 0.00 | 0.00 | 368.55 | 8.51 | 0.00 |
| Honey Mustard, Heinz dispenser - ILR1064 (1 | 0 | 122.85 | 10.39 | 1.89 | 127.58 | 5.67 | 0.00 |

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|--|---|--------|-------|------|--------|-------|-------|
| oz.) | | | | | | | |
| Ketchup, Heinz 1.5 low Sodium gallon dispenser pack - ILR1143 (1 pump) | 0 | 35.02 | 0.00 | 0.00 | 83.38 | 8.34 | 0.00 |
| Mayonnaise, Light Heinz dispenser - ILR1142 (1 fl. oz.) | 0 | 88.59 | 6.20 | 0.89 | 239.20 | 7.09 | 0.00 |
| Yellow Mustard - SR1603 (1 pump) | 0 | 0.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 |
| Pancake & Waffle Syrup - SR1158 (1 fl. oz.) | 0 | 117.75 | 0.00 | 0.00 | 39.25 | 29.16 | 0.00 |
| Ranch, Heinz Dispenser - ILR1231 (1 pump) | 0 | 160.00 | 17.00 | 3.00 | 240.00 | 1.00 | 0.00 |
| K-5 WNTR Lunch Menu - Cheeseburger/Turkey & Gravy w/ Noodles - ServingDate: 01/09/2018 | | | | | | | |
| SIL Cheeseburger, COMM beef patty & Am. cheese, Alpha bun, RECIPE - ILR1389 (1 burger) | 0 | 316.91 | 12.44 | 4.83 | 605.74 | 30.03 | 20.17 |
| SIL Crispy Chicken Salad K5, Tyson nugget - ILR1172 (1 salad) | 0 | 214.73 | 12.22 | 3.55 | 365.93 | 13.55 | 14.63 |
| SIL Sunbutter & Jelly Sandwich, Alpha bread, sunbutter, grape jelly, RECIPE - ILR1174 (1 sandwich) | 0 | 372.82 | 18.90 | 2.28 | 417.28 | 40.90 | 12.24 |
| SIL Turkey & Gravy, RECIPE - ILR1177 (8 oz.) | 0 | 221.80 | 10.50 | 2.83 | 814.95 | 8.10 | 22.60 |
| Rotini Noodles, WG Rich Blend comm, Boil - ILR1268 (1/2 c.) | 0 | 102.54 | 1.36 | 0.04 | 3.34 | 19.76 | 2.82 |
| Fun Size Apple - SR1216 (1 kiddie (<2) | 0 | 47.62 | 0.16 | 0.03 | 0.92 | 12.65 | 0.24 |
| Applesauce, Unsweetened, Canned - ILR1264 (1/2 c.) | 0 | 51.00 | 0.00 | 0.00 | 2.00 | 14.00 | 0.00 |
| Orange Smiles - SR1172 (6 slice or w) | 0 | 45.12 | 0.12 | 0.01 | 0.00 | 11.28 | 0.90 |
| Diced Peaches - SR1196 (1/2 c.) | 0 | 59.11 | 0.04 | 0.00 | 5.37 | 15.54 | 0.85 |
| 100% Apple Juice - SR1204 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| 100% Orange Juice - SR1295 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| Fresh Broccoli Florets - SR1027 (1/2 c.) | 0 | 10.84 | 0.12 | 0.01 | 10.53 | 2.12 | 0.90 |
| Fresh Baby Carrots - SR1016 (1/2 c.) | 0 | 24.81 | 0.09 | 0.02 | 55.28 | 5.84 | 0.45 |

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| Glazed Carrots, canned, sweet cinnamon ginger orange glaze - ILR1269 (1/2 c.) | 0 | 45.15 | 0.00 | 0.00 | 293.91 | 10.22 | 0.01 |
| Mixed Salad Greens - SR1080 (1/2 c.) | 0 | 5.57 | 0.06 | 0.01 | 11.56 | 1.04 | 0.53 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| PF Regional Milk, White, Skim - ILR1138 (1 Half Pint) | 0 | 80.00 | 0.00 | 0.00 | 120.00 | 11.00 | 8.00 |
| BBQ Sauce, Heinz Dispenser - ILR1141 (1 oz.) | 0 | 37.80 | 0.00 | 0.00 | 368.55 | 8.51 | 0.00 |
| Honey Mustard, Heinz dispenser - ILR1064 (1 oz.) | 0 | 122.85 | 10.39 | 1.89 | 127.58 | 5.67 | 0.00 |
| Ketchup - SR1004 (1 pump) | 0 | 40.00 | 0.00 | 0.00 | 320.00 | 10.00 | 0.00 |
| Ketchup, Heinz 1.5 low Sodium gallon dispenser pack - ILR1143 (1 pump) | 0 | 35.02 | 0.00 | 0.00 | 83.38 | 8.34 | 0.00 |
| Mayonnaise, Light Heinz dispenser - ILR1142 (1 fl. oz.) | 0 | 88.59 | 6.20 | 0.89 | 239.20 | 7.09 | 0.00 |
| Yellow Mustard - SR1603 (1 pump) | 0 | 0.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 |
| Ranch, Heinz Dispenser - ILR1231 (1 pump) | 0 | 160.00 | 17.00 | 3.00 | 240.00 | 1.00 | 0.00 |
| K-5 WNTR Lunch Menu - Soft Beef Taco/Corn Dog - ServingDate: 01/10/2018 | | | | | | | |
| Corn Dog - SR1023 (1 corn dog) | 0 | 240.00 | 8.00 | 2.50 | 390.00 | 30.00 | 9.00 |
| IL COMM Fiesta Salad 6-12, beef taco, mixed greens, jalapeno, tomato, carrot, cheddar, RECIPE - ILR1239 (1 salad) | 0 | 192.65 | 8.60 | 4.93 | 536.57 | 14.04 | 16.37 |
| SIL Italian Sub Sandwich, Alpha hot dog bun, turkey ham, bologna, salami, mozzarella, RECIPE - ILR1170 (1 sandwich) | 0 | 270.46 | 10.27 | 3.42 | 944.14 | 29.39 | 16.98 |
| Soft Beef Taco's, comm chedd, JTM beef, 6" flour tortilla - ILR1245 (2 each taco) | 0 | 412.30 | 19.98 | 10.23 | 839.26 | 32.86 | 28.11 |
| Crispy Round Tortilla | 0 | 198.45 | 8.51 | 1.42 | 163.01 | 28.35 | 2.84 |

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|---|---|--------|-------|------|--------|-------|------|
| Chips - SR1065 (1 1/2 oz.) | | | | | | | |
| Fun Size Apple - SR1216 (1 kiddie (<2)) | 0 | 47.62 | 0.16 | 0.03 | 0.92 | 12.65 | 0.24 |
| Cranberries, Dried, USDA - ILR1265 (1 oz.) | 0 | 86.94 | 0.00 | 0.00 | 1.89 | 23.63 | 0.00 |
| Orange Smiles - SR1172 (6 slice or w) | 0 | 45.12 | 0.12 | 0.01 | 0.00 | 11.28 | 0.90 |
| Chilled Bartlett Pears - SR1194 (1/2 c.) | 0 | 49.27 | 0.07 | 0.00 | 3.94 | 12.75 | 0.34 |
| Fresh Broccoli Florets - SR1027 (1/2 c.) | 0 | 10.84 | 0.12 | 0.01 | 10.53 | 2.12 | 0.90 |
| Fresh Baby Carrots - SR1016 (1/2 c.) | 0 | 24.81 | 0.09 | 0.02 | 55.28 | 5.84 | 0.45 |
| Mixed Salad Greens - SR1080 (1/2 c.) | 0 | 5.57 | 0.06 | 0.01 | 11.56 | 1.04 | 0.53 |
| SIL Fiesta Refried Beans, Low Sodium w/ salsa & cheese - ILR1069 (1/2 c.) | 0 | 31.48 | 1.22 | 0.81 | 81.03 | 3.19 | 1.75 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| PF Regional Milk, White, Skim - ILR1138 (1 Half Pint) | 0 | 80.00 | 0.00 | 0.00 | 120.00 | 11.00 | 8.00 |
| BBQ Sauce, Heinz Dispenser - ILR1141 (1 oz.) | 0 | 37.80 | 0.00 | 0.00 | 368.55 | 8.51 | 0.00 |
| Honey Mustard, Heinz dispenser - ILR1064 (1 oz.) | 0 | 122.85 | 10.39 | 1.89 | 127.58 | 5.67 | 0.00 |
| Ketchup, Heinz 1.5 low Sodium gallon dispenser pack - ILR1143 (1 pump) | 0 | 35.02 | 0.00 | 0.00 | 83.38 | 8.34 | 0.00 |
| Mayonnaise, Light Heinz dispenser - ILR1142 (1 fl. oz.) | 0 | 88.59 | 6.20 | 0.89 | 239.20 | 7.09 | 0.00 |
| Yellow Mustard - SR1603 (1 pump) | 0 | 0.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 |
| Ranch, Heinz Dispenser - ILR1231 (1 pump) | 0 | 160.00 | 17.00 | 3.00 | 240.00 | 1.00 | 0.00 |
| Salsa, Low-Sodium Pouch USDA - ILR1457 (1 Ounce serv) | 0 | 10.00 | 0.00 | 0.00 | 35.00 | 2.00 | 0.00 |
| K-5 WNTR Lunch Menu -Grilled Cheese/Chicken Patty Sandwich - ServingDate: 01/11/2018 | | | | | | | |

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|---|---|--------|-------|------|---------|-------|-------|
| Chicken Patty, TYSON, ALPHA - ILR1115 (1 ea.) | 0 | 386.41 | 14.91 | 2.81 | 703.86 | 41.01 | 20.13 |
| SIL Chicken Caesar Salad K5, commodity diced - ILR1173 (1 salad) | 0 | 141.59 | 5.29 | 1.45 | 321.22 | 7.07 | 16.29 |
| SIL Grilled Cheese Sandwich, Alpha bread, American cheese, RECIPE - ILR1179 (1 sandwich) | 0 | 149.91 | 6.01 | 3.18 | 452.39 | 14.47 | 8.70 |
| SIL Turkey & Cheese Sandwich, Alpha bun, turkey, American cheese, RECIPE - ILR1181 (1 sandwich) | 0 | 267.70 | 8.41 | 3.22 | 1086.52 | 28.35 | 21.33 |
| Breadsticks, Ripstick 1.2 oz, 51% Whole Grain (2) - ILR1165 (2 breadstick) | 0 | 191.89 | 2.40 | 0.00 | 239.86 | 35.98 | 7.20 |
| Fun Size Apple - SR1216 (1 kiddie (<2)) | 0 | 47.62 | 0.16 | 0.03 | 0.92 | 12.65 | 0.24 |
| Mixed Fruit, Extra Light Syrup, Canned USDA - ILR1468 (4 oz.) | 0 | 54.00 | 0.00 | 0.00 | 4.50 | 13.50 | 0.00 |
| Orange Smiles - SR1172 (6 slice or w) | 0 | 45.12 | 0.12 | 0.01 | 0.00 | 11.28 | 0.90 |
| SIL Baked Apple Slices, Comm K12 - ILR1388 (3/8 c.) | 0 | 76.82 | 1.38 | 0.56 | 17.61 | 16.65 | 0.22 |
| 100% Apple Juice - SR1204 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| 100% Orange Juice - SR1295 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| Fresh Broccoli Florets - SR1027 (1/2 c.) | 0 | 10.84 | 0.12 | 0.01 | 10.53 | 2.12 | 0.90 |
| Fresh Baby Carrots - SR1016 (1/2 c.) | 0 | 24.81 | 0.09 | 0.02 | 55.28 | 5.84 | 0.45 |
| Classic Tomato Soup - SR1114 (3/4 c.) | 0 | 54.87 | 0.69 | 0.34 | 283.88 | 10.97 | 0.69 |
| Mixed Salad Greens - SR1080 (1/2 c.) | 0 | 5.57 | 0.06 | 0.01 | 11.56 | 1.04 | 0.53 |
| SIL Buttery Corn, whole kernel, can, heated - ILR1232 (1/2 c.) | 0 | 109.46 | 2.47 | 0.38 | 32.50 | 23.34 | 3.11 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| PF Regional Milk, White, Skim - ILR1138 (1 Half Pint) | 0 | 80.00 | 0.00 | 0.00 | 120.00 | 11.00 | 8.00 |
| BBQ Sauce, Heinz Dispenser - ILR1141 (1 oz.) | 0 | 37.80 | 0.00 | 0.00 | 368.55 | 8.51 | 0.00 |

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| Honey Mustard, Heinz dispenser - ILR1064 (1 oz.) | 0 | 122.85 | 10.39 | 1.89 | 127.58 | 5.67 | 0.00 |
| Ketchup, Heinz 1.5 low Sodium gallon dispenser pack - ILR1143 (1 pump) | 0 | 35.02 | 0.00 | 0.00 | 83.38 | 8.34 | 0.00 |
| Mayonnaise, Light Heinz dispenser - ILR1142 (1 fl. oz.) | 0 | 88.59 | 6.20 | 0.89 | 239.20 | 7.09 | 0.00 |
| Yellow Mustard - SR1603 (1 pump) | 0 | 0.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 |
| Ranch, Heinz Dispenser - ILR1231 (1 pump) | 0 | 160.00 | 17.00 | 3.00 | 240.00 | 1.00 | 0.00 |
| K-5 WNTR Lunch Menu - Pepp Pizza/CFS - ServingDate: 01/12/2018 | | | | | | | |
| Peppi Pizza Salad K5, mixed greens, pepperoni, mozz cheese, tomato RECIPE - ILR1131 (1 salad) | 0 | 186.26 | 10.54 | 5.68 | 531.38 | 5.46 | 17.46 |
| Pepperoni Pizza Square - SR1025 (1 slice) | 0 | 324.60 | 13.19 | 4.82 | 662.92 | 37.09 | 16.00 |
| SIL Country Fried Beef Patty, WG - ILR1247 (1 patty) | 0 | 300.00 | 18.00 | 4.50 | 320.00 | 19.00 | 15.00 |
| SIL Ham & Cheese Sandwich, turkey ham, American cheese, RECIPE - ILR1184 (1 sandwich) | 0 | 280.52 | 10.30 | 4.99 | 987.92 | 30.26 | 19.65 |
| Breadsticks, Ripstick 1.2 oz, 51% Whole Grain (2) - ILR1165 (2 breadstick) | 0 | 191.89 | 2.40 | 0.00 | 239.86 | 35.98 | 7.20 |
| SIL Bread, Alpha, 51% WG (1 slice) - ILR1167 (1 slice) | 0 | 68.91 | 0.95 | 0.14 | 148.64 | 12.45 | 2.62 |
| Fun Size Apple - SR1216 (1 kiddie (<2)) | 0 | 47.62 | 0.16 | 0.03 | 0.92 | 12.65 | 0.24 |
| Applesauce, Unsweetened, Canned - ILR1264 (1/2 c.) | 0 | 51.00 | 0.00 | 0.00 | 2.00 | 14.00 | 0.00 |
| Orange Smiles - SR1172 (6 slice or w) | 0 | 45.12 | 0.12 | 0.01 | 0.00 | 11.28 | 0.90 |
| Pineapple, Canned Tidbits - ILR1008 (1/2 c.) | 0 | 54.30 | 0.10 | 0.01 | 0.91 | 14.08 | 0.46 |
| Fresh Broccoli Florets - SR1027 (1/2 c.) | 0 | 10.84 | 0.12 | 0.01 | 10.53 | 2.12 | 0.90 |
| Fresh Baby Carrots - SR1016 (1/2 c.) | 0 | 24.81 | 0.09 | 0.02 | 55.28 | 5.84 | 0.45 |
| Mixed Salad Greens - SR1080 (1/2 c.) | 0 | 5.57 | 0.06 | 0.01 | 11.56 | 1.04 | 0.53 |
| SIL Seasoned Mashed Potatoes premium | 0 | 110.09 | 3.00 | 1.57 | 354.75 | 17.79 | 2.05 |

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| RECIPE - ILR1512 (1/2 c.) | | | | | | | | |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 | |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 | |
| PF Regional Milk, White, Skim - ILR1138 (1 Half Pint) | 0 | 80.00 | 0.00 | 0.00 | 120.00 | 11.00 | 8.00 | |
| BBQ Sauce, Heinz Dispenser - ILR1141 (1 oz.) | 0 | 37.80 | 0.00 | 0.00 | 368.55 | 8.51 | 0.00 | |
| Honey Mustard, Heinz dispenser - ILR1064 (1 oz.) | 0 | 122.85 | 10.39 | 1.89 | 127.58 | 5.67 | 0.00 | |
| Ketchup, Heinz 1.5 low Sodium gallon dispenser pack - ILR1143 (1 pump) | 0 | 35.02 | 0.00 | 0.00 | 83.38 | 8.34 | 0.00 | |
| Mayonnaise, Light Heinz dispenser - ILR1142 (1 fl. oz.) | 0 | 88.59 | 6.20 | 0.89 | 239.20 | 7.09 | 0.00 | |
| Yellow Mustard - SR1603 (1 pump) | 0 | 0.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | |
| Old Fashioned Country Gravy - SR1468 (1/4 c.) | 0 | 48.60 | 3.40 | 1.46 | 205.74 | 4.86 | 0.00 | |
| Ranch, Heinz Dispenser - ILR1231 (1 pump) | 0 | 160.00 | 17.00 | 3.00 | 240.00 | 1.00 | 0.00 | |
| K-5 WNTR Lunch Menu - Baked Pasta/Hot Dog - ServingDate: 01/16/2018 | | | | | | | | |
| Hot Dog, Original , turkey frank, hot dog bun, RECIPE - ILR1118 (1 serving (1)) | 0 | 264.50 | 10.99 | 2.81 | 512.98 | 27.48 | 13.10 | |
| SIL Cheesy Baked Comm Pasta, Penne - ILR1249 (8 oz.) | 0 | 1389.11 | 57.58 | 15.28 | 1840.73 | 186.92 | 32.12 | |
| SIL Crispy Chicken Salad K5, Tyson nugget - ILR1172 (1 salad) | 0 | 214.73 | 12.22 | 3.55 | 365.93 | 13.55 | 14.63 | |
| SIL Italian Sub Sandwich, Alpha hot dog bun, turkey ham, bologna, salami, mozzarella, RECIPE - ILR1170 (1 sandwich) | 0 | 270.46 | 10.27 | 3.42 | 944.14 | 29.39 | 16.98 | |
| SIL Garlic Toast, Alpha, 51% WG - ILR1190 (1/2 slice) | 0 | 61.10 | 3.26 | 1.21 | 102.41 | 6.52 | 1.38 | |
| Fun Size Apple - SR1216 (1 kiddie (<2)) | 0 | 47.62 | 0.16 | 0.03 | 0.92 | 12.65 | 0.24 | |

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| Applesauce, Unsweetened, Canned - ILR1264 (1/2 c.) | 0 | 51.00 | 0.00 | 0.00 | 2.00 | 14.00 | 0.00 |
| Orange Smiles - SR1172 (6 slice or w) | 0 | 45.12 | 0.12 | 0.01 | 0.00 | 11.28 | 0.90 |
| Diced Peaches - SR1196 (1/2 c.) | 0 | 59.11 | 0.04 | 0.00 | 5.37 | 15.54 | 0.85 |
| 100% Apple Juice - SR1204 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| 100% Orange Juice - SR1295 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| Fresh Broccoli Florets - SR1027 (1/2 c.) | 0 | 10.84 | 0.12 | 0.01 | 10.53 | 2.12 | 0.90 |
| Fresh Baby Carrots - SR1016 (1/2 c.) | 0 | 24.81 | 0.09 | 0.02 | 55.28 | 5.84 | 0.45 |
| Mixed Salad Greens - SR1080 (1/2 c.) | 0 | 5.57 | 0.06 | 0.01 | 11.56 | 1.04 | 0.53 |
| SIL Garlic Green Beans, cn, heated, drained - ILR1233 (1/2 c.) | 0 | 24.93 | 0.35 | 0.14 | 177.76 | 4.17 | 1.32 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| PF Regional Milk, White, Skim - ILR1138 (1 Half Pint) | 0 | 80.00 | 0.00 | 0.00 | 120.00 | 11.00 | 8.00 |
| BBQ Sauce, Heinz Dispenser - ILR1141 (1 oz.) | 0 | 37.80 | 0.00 | 0.00 | 368.55 | 8.51 | 0.00 |
| Honey Mustard, Heinz dispenser - ILR1064 (1 oz.) | 0 | 122.85 | 10.39 | 1.89 | 127.58 | 5.67 | 0.00 |
| Ketchup, Heinz 1.5 low Sodium gallon dispenser pack - ILR1143 (1 pump) | 0 | 35.02 | 0.00 | 0.00 | 83.38 | 8.34 | 0.00 |
| Mayonnaise, Light Heinz dispenser - ILR1142 (1 fl. oz.) | 0 | 88.59 | 6.20 | 0.89 | 239.20 | 7.09 | 0.00 |
| Yellow Mustard - SR1603 (1 pump) | 0 | 0.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 |
| Ranch, Heinz Dispenser - ILR1231 (1 pump) | 0 | 160.00 | 17.00 | 3.00 | 240.00 | 1.00 | 0.00 |
| K-5 WNTR Lunch Menu - Beef & Cheese Nacho/BBQ Chicken on bun - ServingDate: 01/17/2018 | | | | | | | |

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|---|---|--------|-------|------|---------|-------|-------|
| IL COMM Fiesta Salad 6-12, beef taco, mixed greens, jalapeno, tomato, carrot, cheddar, RECIPE - ILR1239 (1 salad) | 0 | 192.65 | 8.60 | 4.93 | 536.57 | 14.04 | 16.37 |
| SIL BBQ Diced Chicken, COMM, HEINZ, ALPHA - ILR1186 (1 ea.) | 0 | 257.11 | 3.93 | 0.31 | 669.11 | 34.52 | 18.28 |
| SIL Nacho, JTM Beef/Cheese K-12 - ILR1367 (1 ea.) | 0 | 387.44 | 20.13 | 7.61 | 781.35 | 33.38 | 18.46 |
| SIL Turkey & Cheese Sandwich, Alpha bun, turkey, American cheese, RECIPE - ILR1181 (1 sandwich) | 0 | 267.70 | 8.41 | 3.22 | 1086.52 | 28.35 | 21.33 |
| Crispy Round Tortilla Chips - SR1065 (1 1/2 oz.) | 0 | 198.45 | 8.51 | 1.42 | 163.01 | 28.35 | 2.84 |
| Fun Size Apple - SR1216 (1 kiddie (<2) | 0 | 47.62 | 0.16 | 0.03 | 0.92 | 12.65 | 0.24 |
| Apricots, Diced, Extra Light Syrup, Canned USDA - ILR1470 (1/2 c.) | 0 | 54.87 | 0.00 | 0.00 | 9.14 | 12.80 | 0.00 |
| Orange Smiles - SR1172 (6 slice or w) | 0 | 45.12 | 0.12 | 0.01 | 0.00 | 11.28 | 0.90 |
| Raisins, Sweetened 1.33 oz box USDA - ILR1471 (1 Box) | 0 | 113.12 | 0.00 | 0.00 | 3.97 | 29.77 | 0.99 |
| Fresh Broccoli Florets - SR1027 (1/2 c.) | 0 | 10.84 | 0.12 | 0.01 | 10.53 | 2.12 | 0.90 |
| Fresh Baby Carrots - SR1016 (1/2 c.) | 0 | 24.81 | 0.09 | 0.02 | 55.28 | 5.84 | 0.45 |
| Mixed Salad Greens - SR1080 (1/2 c.) | 0 | 5.57 | 0.06 | 0.01 | 11.56 | 1.04 | 0.53 |
| SIL Beans, Baked Vegetarian USDA - ILR1026 (1/2 c.) | 0 | 119.28 | 0.94 | 0.00 | 170.08 | 22.69 | 6.62 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| PF Regional Milk, White, Skim - ILR1138 (1 Half Pint) | 0 | 80.00 | 0.00 | 0.00 | 120.00 | 11.00 | 8.00 |
| BBQ Sauce, Heinz Dispenser - ILR1141 (1 oz.) | 0 | 37.80 | 0.00 | 0.00 | 368.55 | 8.51 | 0.00 |
| Honey Mustard, Heinz dispenser - ILR1064 (1 oz.) | 0 | 122.85 | 10.39 | 1.89 | 127.58 | 5.67 | 0.00 |
| Ketchup, Heinz 1.5 low Sodium gallon dispenser | 0 | 35.02 | 0.00 | 0.00 | 83.38 | 8.34 | 0.00 |

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|---|---|--------|-------|------|--------|-------|-------|
| pack - ILR1143 (1 pump) | | | | | | | |
| Mayonnaise, Light Heinz dispenser - ILR1142 (1 fl. oz.) | 0 | 88.59 | 6.20 | 0.89 | 239.20 | 7.09 | 0.00 |
| Yellow Mustard - SR1603 (1 pump) | 0 | 0.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 |
| Ranch, Heinz Dispenser - ILR1231 (1 pump) | 0 | 160.00 | 17.00 | 3.00 | 240.00 | 1.00 | 0.00 |
| K-5 WNTR Lunch Menu - Pancakes & Sausage/Cheeseburger - ServingDate: 01/18/2018 | | | | | | | |
| SIL Cheeseburger, COMM beef patty & Am. cheese, Alpha bun, RECIPE - ILR1389 (1 burger) | 0 | 316.91 | 12.44 | 4.83 | 605.74 | 30.03 | 20.17 |
| SIL Chicken Caesar Salad K5, commodity diced - ILR1173 (1 salad) | 0 | 141.59 | 5.29 | 1.45 | 321.22 | 7.07 | 16.29 |
| SIL Ham & Cheese Sandwich, turkey ham, American cheese, RECIPE - ILR1184 (1 sandwich) | 0 | 280.52 | 10.30 | 4.99 | 987.92 | 30.26 | 19.65 |
| SIL Turkey Sausage Patty (2) - ILR1188 (2 patty) | 0 | 120.00 | 9.00 | 3.00 | 160.00 | 0.00 | 12.00 |
| Breadsticks, Ripstick 1.2 oz, 51% Whole Grain (2) - ILR1165 (2 breadstick) | 0 | 191.89 | 2.40 | 0.00 | 239.86 | 35.98 | 7.20 |
| Pancakes (2) USDA - ILR1645 (2 pancakes) | 0 | 140.00 | 4.00 | 0.00 | 270.00 | 26.00 | 4.00 |
| Fun Size Apple - SR1216 (1 kiddie (<2)) | 0 | 47.62 | 0.16 | 0.03 | 0.92 | 12.65 | 0.24 |
| Orange Smiles - SR1172 (6 slice or w) | 0 | 45.12 | 0.12 | 0.01 | 0.00 | 11.28 | 0.90 |
| Pears, canned, diced, extra light syrup - ILR1463 (1/2 c.) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 16.00 | 0.00 |
| Strawberries, frozen, thawed, sliced, sweetened (sugar added) [100254, A380] - ILR1365 (1/2 c.) | 0 | 122.00 | 0.17 | 0.01 | 4.01 | 33.05 | 0.68 |
| 100% Apple Juice - SR1204 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| 100% Orange Juice - SR1295 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| Fresh Broccoli Florets - SR1027 (1/2 c.) | 0 | 10.84 | 0.12 | 0.01 | 10.53 | 2.12 | 0.90 |
| Fresh Baby Carrots - SR1016 (1/2 c.) | 0 | 24.81 | 0.09 | 0.02 | 55.28 | 5.84 | 0.45 |
| Mixed Salad Greens - SR1080 (1/2 c.) | 0 | 5.57 | 0.06 | 0.01 | 11.56 | 1.04 | 0.53 |

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|---|---|--------|-------|------|---------|-------|-------|
| Oven Fries - ILR1027 (4 oz) | 0 | 87.00 | 3.00 | 1.00 | 20.00 | 15.00 | 1.00 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| PF Regional Milk, White, Skim - ILR1138 (1 Half Pint) | 0 | 80.00 | 0.00 | 0.00 | 120.00 | 11.00 | 8.00 |
| BBQ Sauce, Heinz Dispenser - ILR1141 (1 oz.) | 0 | 37.80 | 0.00 | 0.00 | 368.55 | 8.51 | 0.00 |
| Honey Mustard, Heinz dispenser - ILR1064 (1 oz.) | 0 | 122.85 | 10.39 | 1.89 | 127.58 | 5.67 | 0.00 |
| Ketchup, Heinz 1.5 low Sodium gallon dispenser pack - ILR1143 (1 pump) | 0 | 35.02 | 0.00 | 0.00 | 83.38 | 8.34 | 0.00 |
| Mayonnaise, Light Heinz dispenser - ILR1142 (1 fl. oz.) | 0 | 88.59 | 6.20 | 0.89 | 239.20 | 7.09 | 0.00 |
| Yellow Mustard - SR1603 (1 pump) | 0 | 0.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 |
| Pancake & Waffle Syrup - SR1158 (1 fl. oz.) | 0 | 117.75 | 0.00 | 0.00 | 39.25 | 29.16 | 0.00 |
| Ranch, Heinz Dispenser - ILR1231 (1 pump) | 0 | 160.00 | 17.00 | 3.00 | 240.00 | 1.00 | 0.00 |
| K-5 WNTR Lunch Menu - Tony's Cheese Pizza/Hot Turkey Supreme - ServingDate: 01/19/2018 | | | | | | | |
| American Sub; Alpha Hot Dog Bun - ILR1127 (1 sandwich) | 0 | 286.18 | 9.50 | 4.30 | 1014.77 | 30.85 | 20.07 |
| Hot Turkey & Cheese Melt, ALPHA bun, Pulled Turkey & JTM cheese sauce - ILR1145 (1 sandwich) | 0 | 269.77 | 8.70 | 3.19 | 700.48 | 28.85 | 19.52 |
| Peppi Pizza Salad K5, mixed greens, pepperoni, mozz cheese, tomato RECIPE - ILR1131 (1 salad) | 0 | 186.26 | 10.54 | 5.68 | 531.38 | 5.46 | 17.46 |
| Cheese Pizza Square - SR1024 (1 slice) | 0 | 300.00 | 11.00 | 4.00 | 580.00 | 37.00 | 15.00 |
| Breadsticks, Ripstick 1.2 oz, 51% Whole Grain (2) - ILR1165 (2 breadstick) | 0 | 191.89 | 2.40 | 0.00 | 239.86 | 35.98 | 7.20 |
| Fun Size Apple - SR1216 (1 kiddie (<2)) | 0 | 47.62 | 0.16 | 0.03 | 0.92 | 12.65 | 0.24 |

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|---|---|--------|-------|------|---------|-------|-------|
| Applesauce, Unsweetened, Canned - ILR1264 (1/2 c.) | 0 | 51.00 | 0.00 | 0.00 | 2.00 | 14.00 | 0.00 |
| Orange Smiles - SR1172 (6 slice or w) | 0 | 45.12 | 0.12 | 0.01 | 0.00 | 11.28 | 0.90 |
| Pineapple Tidbits - SR1495 (1/2 c.) | 0 | 71.56 | 0.10 | 0.01 | 1.19 | 18.73 | 0.50 |
| Fresh Broccoli Florets - SR1027 (1/2 c.) | 0 | 10.84 | 0.12 | 0.01 | 10.53 | 2.12 | 0.90 |
| Fresh Baby Carrots - SR1016 (1/2 c.) | 0 | 24.81 | 0.09 | 0.02 | 55.28 | 5.84 | 0.45 |
| Mixed Salad Greens - SR1080 (1/2 c.) | 0 | 5.57 | 0.06 | 0.01 | 11.56 | 1.04 | 0.53 |
| SIL Buttery Corn, whole kernel, can, heated - ILR1232 (1/2 c.) | 0 | 109.46 | 2.47 | 0.38 | 32.50 | 23.34 | 3.11 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| PF Regional Milk, White, Skim - ILR1138 (1 Half Pint) | 0 | 80.00 | 0.00 | 0.00 | 120.00 | 11.00 | 8.00 |
| BBQ Sauce, Heinz Dispenser - ILR1141 (1 oz.) | 0 | 37.80 | 0.00 | 0.00 | 368.55 | 8.51 | 0.00 |
| Honey Mustard, Heinz dispenser - ILR1064 (1 oz.) | 0 | 122.85 | 10.39 | 1.89 | 127.58 | 5.67 | 0.00 |
| Ketchup, Heinz 1.5 low Sodium gallon dispenser pack - ILR1143 (1 pump) | 0 | 35.02 | 0.00 | 0.00 | 83.38 | 8.34 | 0.00 |
| Mayonnaise, Light Heinz dispenser - ILR1142 (1 fl. oz.) | 0 | 88.59 | 6.20 | 0.89 | 239.20 | 7.09 | 0.00 |
| Yellow Mustard - SR1603 (1 pump) | 0 | 0.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 |
| Ranch, Heinz Dispenser - ILR1231 (1 pump) | 0 | 160.00 | 17.00 | 3.00 | 240.00 | 1.00 | 0.00 |
| K-5 WNTR Lunch Menu - Chicken Nuggets/BBQ Rib Sandwich - ServingDate: 01/22/2018 | | | | | | | |
| Crispy Chicken Nuggets - SR1367 (5 ea.) | 0 | 263.78 | 15.07 | 2.51 | 401.95 | 16.33 | 16.33 |
| Parfait; Just Peachy Parfait, 9 oz, vanilla yogurt, peaches - ILR1140 (1 ea.) | 0 | 127.00 | 0.75 | 0.50 | 54.75 | 25.80 | 3.50 |
| SIL BBQ Rib Patty, ALPHA | 0 | 343.78 | 12.10 | 3.84 | 1014.74 | 42.99 | 17.20 |

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| bun - ILR1243 (1 sandwich) | | | | | | | | |
| SIL Italian Sub Sandwich, Alpha hot dog bun, turkey ham, bologna, salami, mozzarella, RECIPE - ILR1170 (1 sandwich) | 0 | 270.46 | 10.27 | 3.42 | 944.14 | 29.39 | 16.98 | |
| Graham Crackers - SR1163 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 100.00 | 16.00 | 2.00 | |
| Fun Size Apple - SR1216 (1 kiddie (<2)) | 0 | 47.62 | 0.16 | 0.03 | 0.92 | 12.65 | 0.24 | |
| Diced Peaches, Extra Light Syrup, Canned USDA - ILR1456 (4 oz.) | 0 | 54.00 | 0.00 | 0.00 | 4.50 | 12.60 | 0.00 | |
| Orange Smiles - SR1172 (6 slice or w) | 0 | 45.12 | 0.12 | 0.01 | 0.00 | 11.28 | 0.90 | |
| Pears, canned, diced, extra light syrup - ILR1463 (1/2 c.) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 16.00 | 0.00 | |
| Fresh Broccoli Florets - SR1027 (1/2 c.) | 0 | 10.84 | 0.12 | 0.01 | 10.53 | 2.12 | 0.90 | |
| Fresh Baby Carrots - SR1016 (1/2 c.) | 0 | 24.81 | 0.09 | 0.02 | 55.28 | 5.84 | 0.45 | |
| Mixed Salad Greens - SR1080 (1/2 c.) | 0 | 5.57 | 0.06 | 0.01 | 11.56 | 1.04 | 0.53 | |
| Tater Tots - SR1450 (1/2 c.) | 0 | 129.77 | 5.99 | 1.00 | 309.45 | 15.97 | 2.00 | |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 | |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 | |
| PF Regional Milk, White, Skim - ILR1138 (1 Half Pint) | 0 | 80.00 | 0.00 | 0.00 | 120.00 | 11.00 | 8.00 | |
| BBQ Sauce, Heinz Dispenser - ILR1141 (1 oz.) | 0 | 37.80 | 0.00 | 0.00 | 368.55 | 8.51 | 0.00 | |
| Honey Mustard, Heinz dispenser - ILR1064 (1 oz.) | 0 | 122.85 | 10.39 | 1.89 | 127.58 | 5.67 | 0.00 | |
| Ketchup, Heinz 1.5 low Sodium gallon dispenser pack - ILR1143 (1 pump) | 0 | 35.02 | 0.00 | 0.00 | 83.38 | 8.34 | 0.00 | |
| Mayonnaise, Light Heinz dispenser - ILR1142 (1 fl. oz.) | 0 | 88.59 | 6.20 | 0.89 | 239.20 | 7.09 | 0.00 | |
| Yellow Mustard - SR1603 (1 pump) | 0 | 0.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | |
| Ranch, Heinz Dispenser - ILR1231 (1 pump) | 0 | 160.00 | 17.00 | 3.00 | 240.00 | 1.00 | 0.00 | |

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| K-5 WNTR Lunch Menu - Pretzel Bosco w/ Cheese sauce/Fish Sticks - ServingDate: 01/23/2018 | | | | | | | |
|--|---|--------|-------|------|---------|-------|-------|
| Fish Stcks, USDA, (4) - ILR1662 (4 sticks) | 0 | 208.90 | 9.95 | 1.99 | 397.89 | 21.88 | 11.94 |
| Pretzel Bosco Stick WG - ILR1248 (1 ea.) | 0 | 200.00 | 7.00 | 2.00 | 230.00 | 27.00 | 7.00 |
| SIL Crispy Chicken Salad K5, Tyson nugget - ILR1172 (1 salad) | 0 | 214.73 | 12.22 | 3.55 | 365.93 | 13.55 | 14.63 |
| SIL Turkey & Cheese Sandwich, Alpha bun, turkey, American cheese, RECIPE - ILR1181 (1 sandwich) | 0 | 267.70 | 8.41 | 3.22 | 1086.52 | 28.35 | 21.33 |
| NIL Cheddar Cheese Sauce, JTM - ILR1334 (1/4 c.) | 0 | 101.46 | 5.97 | 3.28 | 422.76 | 5.97 | 5.97 |
| SIL Garlic Toast, Alpha, 51% WG - ILR1190 (1/2 slice) | 0 | 61.10 | 3.26 | 1.21 | 102.41 | 6.52 | 1.38 |
| Fun Size Apple - SR1216 (1 kiddie (<2)) | 0 | 47.62 | 0.16 | 0.03 | 0.92 | 12.65 | 0.24 |
| Applesauce, Unsweetened, Canned - ILR1264 (1/2 c.) | 0 | 51.00 | 0.00 | 0.00 | 2.00 | 14.00 | 0.00 |
| Blueberries, unsweetened. Highbush variety, frozen (IQF) [100624] - ILR1366 (1/2 c.) | 0 | 40.00 | 1.00 | 0.00 | 1.00 | 10.00 | 0.00 |
| Orange Smiles - SR1172 (6 slice or w) | 0 | 45.12 | 0.12 | 0.01 | 0.00 | 11.28 | 0.90 |
| 100% Apple Juice - SR1204 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| 100% Orange Juice - SR1295 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| Fresh Broccoli Florets - SR1027 (1/2 c.) | 0 | 10.84 | 0.12 | 0.01 | 10.53 | 2.12 | 0.90 |
| Fresh Baby Carrots - SR1016 (1/2 c.) | 0 | 24.81 | 0.09 | 0.02 | 55.28 | 5.84 | 0.45 |
| Glazed Carrots, canned, sweet cinnamon ginger orange glaze - ILR1269 (1/2 c.) | 0 | 45.15 | 0.00 | 0.00 | 293.91 | 10.22 | 0.01 |
| Mixed Salad Greens - SR1080 (1/2 c.) | 0 | 5.57 | 0.06 | 0.01 | 11.56 | 1.04 | 0.53 |
| Spaghetti sauce, meatless, LS, COMM POUCH [110177] for dipping - ILR1529 (2 oz.) | 0 | 36.29 | 1.81 | 0.45 | 56.70 | 4.54 | 0.45 |
| PF Regional Milk, Chocolate Skim - | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |

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| ILR1136 (1 Half Pint) | | | | | | | |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| PF Regional Milk, White, Skim - ILR1138 (1 Half Pint) | 0 | 80.00 | 0.00 | 0.00 | 120.00 | 11.00 | 8.00 |
| BBQ Sauce, Heinz Dispenser - ILR1141 (1 oz.) | 0 | 37.80 | 0.00 | 0.00 | 368.55 | 8.51 | 0.00 |
| Honey Mustard, Heinz dispenser - ILR1064 (1 oz.) | 0 | 122.85 | 10.39 | 1.89 | 127.58 | 5.67 | 0.00 |
| Ketchup, Heinz 1.5 low Sodium gallon dispenser pack - ILR1143 (1 pump) | 0 | 35.02 | 0.00 | 0.00 | 83.38 | 8.34 | 0.00 |
| Mayonnaise, Light Heinz dispenser - ILR1142 (1 fl. oz.) | 0 | 88.59 | 6.20 | 0.89 | 239.20 | 7.09 | 0.00 |
| Yellow Mustard - SR1603 (1 pump) | 0 | 0.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 |
| Ranch, Heinz Dispenser - ILR1231 (1 pump) | 0 | 160.00 | 17.00 | 3.00 | 240.00 | 1.00 | 0.00 |
| K-5 WNTR Lunch Menu - Spaghetti & Meat Sauce/Corn Dogs - ServingDate: 01/24/2018 | | | | | | | |
| Corn Dog - SR1023 (1 corn dog) | 0 | 240.00 | 8.00 | 2.50 | 390.00 | 30.00 | 9.00 |
| IL COMM Fiesta Salad 6-12, beef taco, mixed greens, jalapeno, tomato, carrot, cheddar, RECIPE - ILR1239 (1 salad) | 0 | 192.65 | 8.60 | 4.93 | 536.57 | 14.04 | 16.37 |
| SIL Ham & Cheese Sandwich, turkey ham, American cheese, RECIPE - ILR1184 (1 sandwich) | 0 | 280.52 | 10.30 | 4.99 | 987.92 | 30.26 | 19.65 |
| SIL Meat Sauce, COMM beef crumbles, spaghetti sauce, RECIPE - ILR1226 (1 #6 scoop) | 0 | (M) | (M) | (M) | (M) | (M) | (M) |
| SIL Garlic Toast, Alpha, 51% WG - ILR1190 (1/2 slice) | 0 | 61.10 | 3.26 | 1.21 | 102.41 | 6.52 | 1.38 |
| Spaghetti, WG Blend USDA, Cooked - ILR1267 (1/2 c.) | 0 | 93.10 | 1.14 | 0.19 | 3.34 | 19.80 | 3.34 |
| Crispy Round Tortilla Chips - SR1065 (1 1/2 oz.) | 0 | 198.45 | 8.51 | 1.42 | 163.01 | 28.35 | 2.84 |
| Fun Size Apple - SR1216 (1 kiddie (<2)) | 0 | 47.62 | 0.16 | 0.03 | 0.92 | 12.65 | 0.24 |

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|--|---|--------|-------|------|---------|-------|-------|
| Diced Peaches, Extra Light Syrup, Canned USDA - ILR1456 (4 oz.) | 0 | 54.00 | 0.00 | 0.00 | 4.50 | 12.60 | 0.00 |
| Orange Smiles - SR1172 (6 slice or w) | 0 | 45.12 | 0.12 | 0.01 | 0.00 | 11.28 | 0.90 |
| Unsweetened Applesauce Cups, Shelf Stable, USDA - ILR1461 (1 ea.) | 0 | 51.00 | 0.10 | 0.00 | 2.00 | 14.00 | 0.20 |
| Fresh Broccoli Florets - SR1027 (1/2 c.) | 0 | 10.84 | 0.12 | 0.01 | 10.53 | 2.12 | 0.90 |
| Fresh Baby Carrots - SR1016 (1/2 c.) | 0 | 24.81 | 0.09 | 0.02 | 55.28 | 5.84 | 0.45 |
| Mixed Salad Greens - SR1080 (1/2 c.) | 0 | 5.57 | 0.06 | 0.01 | 11.56 | 1.04 | 0.53 |
| SIL Garlic Green Beans, cn, heated, drained - ILR1233 (1/2 c.) | 0 | 24.93 | 0.35 | 0.14 | 177.76 | 4.17 | 1.32 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| PF Regional Milk, White, Skim - ILR1138 (1 Half Pint) | 0 | 80.00 | 0.00 | 0.00 | 120.00 | 11.00 | 8.00 |
| BBQ Sauce, Heinz Dispenser - ILR1141 (1 oz.) | 0 | 37.80 | 0.00 | 0.00 | 368.55 | 8.51 | 0.00 |
| Honey Mustard, Heinz dispenser - ILR1064 (1 oz.) | 0 | 122.85 | 10.39 | 1.89 | 127.58 | 5.67 | 0.00 |
| Ketchup, Heinz 1.5 low Sodium gallon dispenser pack - ILR1143 (1 pump) | 0 | 35.02 | 0.00 | 0.00 | 83.38 | 8.34 | 0.00 |
| Mayonnaise, Light Heinz dispenser - ILR1142 (1 fl. oz.) | 0 | 88.59 | 6.20 | 0.89 | 239.20 | 7.09 | 0.00 |
| Yellow Mustard - SR1603 (1 pump) | 0 | 0.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 |
| Ranch, Heinz Dispenser - ILR1231 (1 pump) | 0 | 160.00 | 17.00 | 3.00 | 240.00 | 1.00 | 0.00 |
| K-5 WNTR Lunch Menu - Walking Taco (or chili) Frito/Chicken Patty - ServingDate: 01/25/2018 | | | | | | | |
| American Sub; Alpha Hot Dog Bun - ILR1127 (1 sandwich) | 0 | 286.18 | 9.50 | 4.30 | 1014.77 | 30.85 | 20.07 |
| Chicken Patty, TYSON, ALPHA - ILR1115 (1 ea.) | 0 | 386.41 | 14.91 | 2.81 | 703.86 | 41.01 | 20.13 |

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL

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|--|---|--------|-------|------|--------|-------|-------|
| SIL Chicken Caesar Salad K5, commodity diced - ILR1173 (1 salad) | 0 | 141.59 | 5.29 | 1.45 | 321.22 | 7.07 | 16.29 |
| SIL Chili Cheese Frito Pie, with meat - ILR1251 (1 pie) | 0 | 349.55 | 15.48 | 5.37 | 523.68 | 37.00 | 14.57 |
| SIL Walking Taco Frito - ILR1580 (1 pie) | 0 | 349.19 | 17.41 | 6.60 | 668.57 | 32.20 | 17.86 |
| Breadsticks, Ripstick 1.2 oz, 51% Whole Grain (2) - ILR1165 (2 breadstick) | 0 | 191.89 | 2.40 | 0.00 | 239.86 | 35.98 | 7.20 |
| Fun Size Apple - SR1216 (1 kiddie (<2)) | 0 | 47.62 | 0.16 | 0.03 | 0.92 | 12.65 | 0.24 |
| Cranberries, Dried, USDA - ILR1265 (1 oz.) | 0 | 86.94 | 0.00 | 0.00 | 1.89 | 23.63 | 0.00 |
| Mixed Fruit, Extra Light Syrup, Canned USDA - ILR1468 (4 oz.) | 0 | 54.00 | 0.00 | 0.00 | 4.50 | 13.50 | 0.00 |
| Orange Smiles - SR1172 (6 slice or w) | 0 | 45.12 | 0.12 | 0.01 | 0.00 | 11.28 | 0.90 |
| 100% Apple Juice - SR1204 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| 100% Orange Juice - SR1295 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| Fresh Broccoli Florets - SR1027 (1/2 c.) | 0 | 10.84 | 0.12 | 0.01 | 10.53 | 2.12 | 0.90 |
| Fresh Baby Carrots - SR1016 (1/2 c.) | 0 | 24.81 | 0.09 | 0.02 | 55.28 | 5.84 | 0.45 |
| Mixed Salad Greens - SR1080 (1/2 c.) | 0 | 5.57 | 0.06 | 0.01 | 11.56 | 1.04 | 0.53 |
| SIL Buttery Corn, whole kernel, can, heated - ILR1232 (1/2 c.) | 0 | 109.46 | 2.47 | 0.38 | 32.50 | 23.34 | 3.11 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| PF Regional Milk, White, Skim - ILR1138 (1 Half Pint) | 0 | 80.00 | 0.00 | 0.00 | 120.00 | 11.00 | 8.00 |
| BBQ Sauce, Heinz Dispenser - ILR1141 (1 oz.) | 0 | 37.80 | 0.00 | 0.00 | 368.55 | 8.51 | 0.00 |
| Honey Mustard, Heinz dispenser - ILR1064 (1 oz.) | 0 | 122.85 | 10.39 | 1.89 | 127.58 | 5.67 | 0.00 |
| Ketchup, Heinz 1.5 low Sodium gallon dispenser pack - ILR1143 (1 pump) | 0 | 35.02 | 0.00 | 0.00 | 83.38 | 8.34 | 0.00 |
| Mayonnaise, Light Heinz dispenser - ILR1142 (1 fl. oz.) | 0 | 88.59 | 6.20 | 0.89 | 239.20 | 7.09 | 0.00 |

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| Yellow Mustard - SR1603 (1 pump) | 0 | 0.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 |
| Ranch, Heinz Dispenser - ILR1231 (1 pump) | 0 | 160.00 | 17.00 | 3.00 | 240.00 | 1.00 | 0.00 |
| K-5 WNTR Lunch Menu - Tony's Cheese Pizza/Cheeseburger - ServingDate: 01/26/2018 | | | | | | | |
| Peppi Pizza Salad K5, mixed greens, pepperoni, mozz cheese, tomato RECIPE - ILR1131 (1 salad) | 0 | 186.26 | 10.54 | 5.68 | 531.38 | 5.46 | 17.46 |
| Cheese Pizza Square - SR1024 (1 slice) | 0 | 300.00 | 11.00 | 4.00 | 580.00 | 37.00 | 15.00 |
| SIL Cheeseburger, COMM beef patty & Am. cheese, Alpha bun, RECIPE - ILR1389 (1 burger) | 0 | 316.91 | 12.44 | 4.83 | 605.74 | 30.03 | 20.17 |
| SIL Sunbutter & Jelly Sandwich, Alpha bread, sunbutter, grape jelly, RECIPE - ILR1174 (1 sandwich) | 0 | 372.82 | 18.90 | 2.28 | 417.28 | 40.90 | 12.24 |
| Mozzarella Cheese, String, COMM, low moisture, part-skim - ILR1341 (1 stick.) | 0 | 90.00 | 7.00 | 5.00 | 200.00 | 0.00 | 7.00 |
| Breadsticks, Ripstick 1.2 oz, 51% Whole Grain (2) - ILR1165 (2 breadstick) | 0 | 191.89 | 2.40 | 0.00 | 239.86 | 35.98 | 7.20 |
| Fun Size Apple - SR1216 (1 kiddie (<2)) | 0 | 47.62 | 0.16 | 0.03 | 0.92 | 12.65 | 0.24 |
| Applesauce, Unsweetened, Canned - ILR1264 (1/2 c.) | 0 | 51.00 | 0.00 | 0.00 | 2.00 | 14.00 | 0.00 |
| Orange Smiles - SR1172 (6 slice or w) | 0 | 45.12 | 0.12 | 0.01 | 0.00 | 11.28 | 0.90 |
| Pineapple, Canned Tidbits - ILR1008 (1/2 c.) | 0 | 54.30 | 0.10 | 0.01 | 0.91 | 14.08 | 0.46 |
| Fresh Broccoli Florets - SR1027 (1/2 c.) | 0 | 10.84 | 0.12 | 0.01 | 10.53 | 2.12 | 0.90 |
| Fresh Baby Carrots - SR1016 (1/2 c.) | 0 | 24.81 | 0.09 | 0.02 | 55.28 | 5.84 | 0.45 |
| Mixed Salad Greens - SR1080 (1/2 c.) | 0 | 5.57 | 0.06 | 0.01 | 11.56 | 1.04 | 0.53 |
| SIL Beans, Baked Vegetarian USDA - ILR1026 (1/2 c.) | 0 | 119.28 | 0.94 | 0.00 | 170.08 | 22.69 | 6.62 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |

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|---|---|--------|-------|------|---------|-------|-------|
| Half Pint) | | | | | | | |
| PF Regional Milk, White, Skim - ILR1138 (1 Half Pint) | 0 | 80.00 | 0.00 | 0.00 | 120.00 | 11.00 | 8.00 |
| BBQ Sauce, Heinz Dispenser - ILR1141 (1 oz.) | 0 | 37.80 | 0.00 | 0.00 | 368.55 | 8.51 | 0.00 |
| Honey Mustard, Heinz dispenser - ILR1064 (1 oz.) | 0 | 122.85 | 10.39 | 1.89 | 127.58 | 5.67 | 0.00 |
| Ketchup, Heinz 1.5 low Sodium gallon dispenser pack - ILR1143 (1 pump) | 0 | 35.02 | 0.00 | 0.00 | 83.38 | 8.34 | 0.00 |
| Mayonnaise, Light Heinz dispenser - ILR1142 (1 fl. oz.) | 0 | 88.59 | 6.20 | 0.89 | 239.20 | 7.09 | 0.00 |
| Yellow Mustard - SR1603 (1 pump) | 0 | 0.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 |
| Ranch, Heinz Dispenser - ILR1231 (1 pump) | 0 | 160.00 | 17.00 | 3.00 | 240.00 | 1.00 | 0.00 |
| K-5 WNTR Lunch Menu - Popcorn Chicken/Orange Chicken - ServingDate: 01/29/2018 | | | | | | | |
| Golden Crispy Popcorn Chicken - SR1413 (12 piece) | 0 | 254.74 | 14.40 | 2.77 | 376.57 | 15.51 | 15.51 |
| Perfect Pineapple Parfait - ILR1147 (1 ea.) | 0 | 134.02 | 0.81 | 0.51 | 53.07 | 28.32 | 3.79 |
| SIL Orange Chicken, Tyson popcorn chicken, zesty orange sauce, RECIPE - ILR1191 (4 oz.) | 0 | 351.27 | 15.90 | 3.06 | 550.79 | 35.12 | 17.12 |
| SIL Turkey & Cheese Sandwich, Alpha bun, turkey, American cheese, RECIPE - ILR1181 (1 sandwich) | 0 | 267.70 | 8.41 | 3.22 | 1086.52 | 28.35 | 21.33 |
| Steamed Brown Rice - SR1098 (1/2 c.) | 0 | 117.19 | 0.69 | 0.00 | 2.03 | 25.51 | 2.76 |
| Fun Size Apple - SR1216 (1 kiddie (<2) | 0 | 47.62 | 0.16 | 0.03 | 0.92 | 12.65 | 0.24 |
| Diced Peaches, Extra Light Syrup, Canned USDA - ILR1456 (4 oz.) | 0 | 54.00 | 0.00 | 0.00 | 4.50 | 12.60 | 0.00 |
| Orange Smiles - SR1172 (6 slice or w) | 0 | 45.12 | 0.12 | 0.01 | 0.00 | 11.28 | 0.90 |
| Pineapple Tidbits - SR1495 (1/2 c.) | 0 | 71.56 | 0.10 | 0.01 | 1.19 | 18.73 | 0.50 |
| Fresh Broccoli Florets - SR1027 (1/2 c.) | 0 | 10.84 | 0.12 | 0.01 | 10.53 | 2.12 | 0.90 |
| Fresh Baby Carrots - SR1016 (1/2 c.) | 0 | 24.81 | 0.09 | 0.02 | 55.28 | 5.84 | 0.45 |

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|---|----|--------|-------|------|--------|-------|-------|
| Mixed Salad Greens - SR1080 (1/2 c.) | 0 | 5.57 | 0.06 | 0.01 | 11.56 | 1.04 | 0.53 |
| Seasoned Pea's, USDA can - ILR1019 (1/2 c.) | 0 | 102.35 | 0.51 | 0.21 | 234.47 | 18.29 | 6.59 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| PF Regional Milk, White, Skim - ILR1138 (1 Half Pint) | 0 | 80.00 | 0.00 | 0.00 | 120.00 | 11.00 | 8.00 |
| BBQ Sauce, Heinz Dispenser - ILR1141 (1 oz.) | 0 | 37.80 | 0.00 | 0.00 | 368.55 | 8.51 | 0.00 |
| Honey Mustard, Heinz dispenser - ILR1064 (1 oz.) | 0 | 122.85 | 10.39 | 1.89 | 127.58 | 5.67 | 0.00 |
| Ketchup, Heinz 1.5 low Sodium gallon dispenser pack - ILR1143 (1 pump) | 0 | 35.02 | 0.00 | 0.00 | 83.38 | 8.34 | 0.00 |
| Mayonnaise, Light Heinz dispenser - ILR1142 (1 fl. oz.) | 0 | 88.59 | 6.20 | 0.89 | 239.20 | 7.09 | 0.00 |
| Yellow Mustard - SR1603 (1 pump) | 0 | 0.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 |
| Ranch, Heinz Dispenser - ILR1231 (1 pump) | 0 | 160.00 | 17.00 | 3.00 | 240.00 | 1.00 | 0.00 |
| K-5 WNTR Lunch Menu - Mac & Cheese/Chicken Patty - ServingDate: 01/30/2018 | | | | | | | |
| Chicken Patty, TYSON, ALPHA - ILR1115 (1 ea.) | 45 | 386.41 | 14.91 | 2.81 | 703.86 | 41.01 | 20.13 |
| Macaroni & Cheese - SR1137 (2/3 c.) | 0 | 364.52 | 17.94 | 9.93 | 836.89 | 34.35 | 20.03 |
| SIL Crispy Chicken Salad K5, Tyson nugget - ILR1172 (1 salad) | 0 | 214.73 | 12.22 | 3.55 | 365.93 | 13.55 | 14.63 |
| SIL Ham & Cheese Sandwich, turkey ham, American cheese, RECIPE - ILR1184 (1 sandwich) | 0 | 280.52 | 10.30 | 4.99 | 987.92 | 30.26 | 19.65 |
| Fun Size Apple - SR1216 (1 kiddie (<2)) | 0 | 47.62 | 0.16 | 0.03 | 0.92 | 12.65 | 0.24 |
| Apricots, Diced, Extra Light Syrup, Canned USDA - ILR1470 (1/2 c.) | 0 | 54.87 | 0.00 | 0.00 | 9.14 | 12.80 | 0.00 |
| Orange Smiles - SR1172 (6 slice or w) | 0 | 45.12 | 0.12 | 0.01 | 0.00 | 11.28 | 0.90 |

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| SIL Baked Apple Slices, Comm K12 - ILR1388 (3/8 c.) | 0 | 76.82 | 1.38 | 0.56 | 17.61 | 16.65 | 0.22 |
| 100% Apple Juice - SR1204 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| 100% Orange Juice - SR1295 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| Fresh Broccoli Florets - SR1027 (1/2 c.) | 0 | 10.84 | 0.12 | 0.01 | 10.53 | 2.12 | 0.90 |
| Fresh Baby Carrots - SR1016 (1/2 c.) | 0 | 24.81 | 0.09 | 0.02 | 55.28 | 5.84 | 0.45 |
| Mixed Salad Greens - SR1080 (1/2 c.) | 0 | 5.57 | 0.06 | 0.01 | 11.56 | 1.04 | 0.53 |
| SIL Garlic Green Beans, cn, heated, drained - ILR1233 (1/2 c.) | 0 | 24.93 | 0.35 | 0.14 | 177.76 | 4.17 | 1.32 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| PF Regional Milk, White, Skim - ILR1138 (1 Half Pint) | 0 | 80.00 | 0.00 | 0.00 | 120.00 | 11.00 | 8.00 |
| BBQ Sauce, Heinz Dispenser - ILR1141 (1 oz.) | 0 | 37.80 | 0.00 | 0.00 | 368.55 | 8.51 | 0.00 |
| Honey Mustard, Heinz dispenser - ILR1064 (1 oz.) | 0 | 122.85 | 10.39 | 1.89 | 127.58 | 5.67 | 0.00 |
| Ketchup, Heinz 1.5 low Sodium gallon dispenser pack - ILR1143 (1 pump) | 0 | 35.02 | 0.00 | 0.00 | 83.38 | 8.34 | 0.00 |
| Mayonnaise, Light Heinz dispenser - ILR1142 (1 fl. oz.) | 0 | 88.59 | 6.20 | 0.89 | 239.20 | 7.09 | 0.00 |
| Yellow Mustard - SR1603 (1 pump) | 0 | 0.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 |
| Ranch, Heinz Dispenser - ILR1231 (1 pump) | 0 | 160.00 | 17.00 | 3.00 | 240.00 | 1.00 | 0.00 |
| K-5 WNTR Lunch - CFS/Cheeseburger - ServingDate: 01/31/2018 | | | | | | | |
| American Sub; Alpha Hot Dog Bun - ILR1127 (1 sandwich) | 0 | 286.18 | 9.50 | 4.30 | 1014.77 | 30.85 | 20.07 |
| IL COMM Fiesta Salad 6-12, beef taco, mixed greens, jalapeno, tomato, carrot, cheddar, RECIPE - ILR1239 (1 salad) | 0 | 192.65 | 8.60 | 4.93 | 536.57 | 14.04 | 16.37 |
| SIL Cheeseburger, COMM | 0 | 316.91 | 12.44 | 4.83 | 605.74 | 30.03 | 20.17 |

Menu Calendar Nutrient Analysis Report - January, 2018

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| beef patty & Am. cheese, Alpha bun, RECIPE - ILR1389 (1 burger) | | | | | | | |
| SIL Country Fried Beef Patty, WG - ILR1247 (1 patty) | 0 | 300.00 | 18.00 | 4.50 | 320.00 | 19.00 | 15.00 |
| SIL Bread, Alpha, 51% WG (1 slice) - ILR1167 (1 slice) | 0 | 68.91 | 0.95 | 0.14 | 148.64 | 12.45 | 2.62 |
| Crispy Round Tortilla Chips - SR1065 (1 1/2 oz.) | 0 | 198.45 | 8.51 | 1.42 | 163.01 | 28.35 | 2.84 |
| Fun Size Apple - SR1216 (1 kiddie (<2)) | 0 | 47.62 | 0.16 | 0.03 | 0.92 | 12.65 | 0.24 |
| Diced Peaches, Extra Light Syrup, Canned USDA - ILR1456 (4 oz.) | 0 | 54.00 | 0.00 | 0.00 | 4.50 | 12.60 | 0.00 |
| Orange Smiles - SR1172 (6 slice or w) | 0 | 45.12 | 0.12 | 0.01 | 0.00 | 11.28 | 0.90 |
| Pears, canned, diced, extra light syrup - ILR1463 (1/2 c.) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 16.00 | 0.00 |
| Unsweetened Applesauce Cups, Shelf Stable, USDA - ILR1461 (1 ea.) | 0 | 51.00 | 0.10 | 0.00 | 2.00 | 14.00 | 0.20 |
| Fresh Broccoli Florets - SR1027 (1/2 c.) | 0 | 10.84 | 0.12 | 0.01 | 10.53 | 2.12 | 0.90 |
| Fresh Baby Carrots - SR1016 (1/2 c.) | 0 | 24.81 | 0.09 | 0.02 | 55.28 | 5.84 | 0.45 |
| Mixed Salad Greens - SR1080 (1/2 c.) | 0 | 5.57 | 0.06 | 0.01 | 11.56 | 1.04 | 0.53 |
| SIL Seasoned Mashed Potatoes, premium, RECIPE - ILR1512 (1/2 c.) | 0 | 110.09 | 3.00 | 1.57 | 354.75 | 17.79 | 2.05 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| PF Regional Milk, White, Skim - ILR1138 (1 Half Pint) | 0 | 80.00 | 0.00 | 0.00 | 120.00 | 11.00 | 8.00 |
| BBQ Sauce, Heinz Dispenser - ILR1141 (1 oz.) | 0 | 37.80 | 0.00 | 0.00 | 368.55 | 8.51 | 0.00 |
| Honey Mustard, Heinz dispenser - ILR1064 (1 oz.) | 0 | 122.85 | 10.39 | 1.89 | 127.58 | 5.67 | 0.00 |
| Ketchup, Heinz 1.5 low Sodium gallon dispenser pack - ILR1143 (1 pump) | 0 | 35.02 | 0.00 | 0.00 | 83.38 | 8.34 | 0.00 |
| Mayonnaise, Light Heinz dispenser - ILR1142 (1 | 0 | 88.59 | 6.20 | 0.89 | 239.20 | 7.09 | 0.00 |

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| fl. oz.) | | | | | | | |
|--|---|--------|-------|------|--------|------|------|
| Yellow Mustard - SR1603 (1 pump) | 0 | 0.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 |
| Old Fashioned Country Gravy - SR1468 (1/4 c.) | 0 | 48.60 | 3.40 | 1.46 | 205.74 | 4.86 | 0.00 |
| Ranch, Heinz Dispenser - ILR1231 (1 pump) | 0 | 160.00 | 17.00 | 3.00 | 240.00 | 1.00 | 0.00 |

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: The Clubhouse
 Menu Line: CH-Main Event

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| ILR1136 (1 Half Pint) | | | | | | | |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| SIL CRC GNG LTD: Parfait w/ Graham Crackers :6132 - ServingDate: 01/10/2018 | | | | | | | |
| Parfait; Just Peachy Parfait, 9 oz, vanilla yogurt, peaches - ILR1140 (1 ea.) | 0 | 127.00 | 0.75 | 0.50 | 54.75 | 25.80 | 3.50 |
| Perfect Pineapple Parfait - ILR1147 (1 ea.) | 0 | 134.02 | 0.81 | 0.51 | 53.07 | 28.32 | 3.79 |
| SIL Parfait; Very Strawberry Parfait, 9 oz, vanilla yogurt, Strawberries - ILR1153 (1 ea.) | 0 | 150.94 | 0.75 | 0.50 | 52.45 | 32.52 | 3.50 |
| Graham Crackers - SR1163 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 100.00 | 16.00 | 2.00 |
| Banana - SR1166 (1 medium (7")) | 0 | 105.02 | 0.39 | 0.13 | 1.18 | 26.95 | 1.29 |
| 100% Apple Juice - SR1204 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| 100% Orange Juice - SR1295 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| SIL CRC GNG LTD: Pop Tart (3) :6132 - ServingDate: 01/11/2018 | | | | | | | |
| Frosted Brown Sugar Cinnamon Pop-Tart - SR1463 (1 pkg.) | 0 | 180.00 | 2.50 | 1.00 | 190.00 | 37.00 | 2.00 |
| Frosted Fudge Pop-Tart (poptart), Kellogg's, low fat - ILR1344 (1 pkg.) | 0 | 180.00 | 3.00 | 1.00 | 190.00 | 37.00 | 3.00 |
| Frosted Strawberry Pop-Tart - SR1465 (1 pkg.) | 0 | 180.00 | 2.50 | 1.00 | 180.00 | 38.00 | 2.00 |
| Fun Size Apple - SR1216 (1 kiddie (<2) | 0 | 47.62 | 0.16 | 0.03 | 0.92 | 12.65 | 0.24 |
| 100% Apple Juice - SR1204 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| 100% Orange Juice - | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |

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| SR1295 (4 fl oz cup) | | | | | | | |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| SIL CRC GNG LTD: Muffin (4) :6132 - ServingDate: 01/12/2018 | | | | | | | |
| Apple Cinnamon Mini Muffin - SR1165 (1 muffin) | 0 | 190.00 | 6.00 | 2.00 | 130.00 | 30.00 | 3.00 |
| Banana Nut Muffin, Otis Spunkmeyer WG 2oz - ILR1013 (1 ea.) | 0 | 189.00 | 5.97 | 1.99 | 129.32 | 29.84 | 2.98 |
| Blueberry Mini Muffin - SR1454 (1 muffin) | 0 | 190.00 | 6.00 | 2.00 | 130.00 | 30.00 | 3.00 |
| Chocolate Muffin, Otis Spunkmeyer WG 2oz - ILR1014 (1 ea.) | 0 | 190.00 | 6.00 | 2.00 | 130.00 | 32.00 | 4.00 |
| Unsweetened Applesauce Cups, Shelf Stable, USDA - ILR1461 (1 ea.) | 0 | 51.00 | 0.10 | 0.00 | 2.00 | 14.00 | 0.20 |
| 100% Apple Juice - SR1204 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| 100% Orange Juice - SR1295 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| SIL CRC GNG LTD: Strawberry Bagelful :6132 - ServingDate: 01/16/2018 | | | | | | | |
| Strawberry Creamy Cheese Mini Bagels - SR1188 (1 pkg.) | 0 | 240.00 | 6.00 | 2.50 | 180.00 | 41.00 | 6.00 |
| Banana - SR1166 (1 medium (7")) | 0 | 105.02 | 0.39 | 0.13 | 1.18 | 26.95 | 1.29 |
| 100% Apple Juice - SR1204 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| 100% Orange Juice - SR1295 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL
Date: 01/01/2018 - 01/31/2018

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| (1 Half Pint) | | | | | | | |
| SIL CRC GNG LTD: Apple Bosco Stick :6132 - ServingDate: 01/17/2018 | | | | | | | |
| Bosco Stick, Apple - ILR1584 (1 ea.) | 0 | 190.00 | 2.50 | 0.50 | 170.00 | 38.00 | 5.00 |
| Orange Smiles - SR1172 (6 slice or w) | 0 | 45.12 | 0.12 | 0.01 | 0.00 | 11.28 | 0.90 |
| Chilled Bartlett Pears - SR1194 (1/2 c.) | 0 | 49.27 | 0.07 | 0.00 | 3.94 | 12.75 | 0.34 |
| 100% Apple Juice - SR1204 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| 100% Orange Juice - SR1295 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| SIL CRC GNG LTD: Nutrigrain Bar (2) :6132 - ServingDate: 01/18/2018 | | | | | | | |
| Apple Cinnamon Nutrigrain Breakfast Bar - SR1352 (1 Bar) | 0 | 160.00 | 4.00 | 0.50 | 130.00 | 29.00 | 2.00 |
| Strawberry Nutrigrain Breakfast Bar - SR1353 (1 Bar) | 0 | 160.00 | 4.00 | 0.50 | 150.00 | 29.00 | 2.00 |
| Fun Size Apple - SR1216 (1 kiddie (<2)) | 0 | 47.62 | 0.16 | 0.03 | 0.92 | 12.65 | 0.24 |
| Pineapple, Canned Tidbits - ILR1008 (1/2 c.) | 0 | 54.30 | 0.10 | 0.01 | 0.91 | 14.08 | 0.46 |
| 100% Apple Juice - SR1204 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| 100% Orange Juice - SR1295 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| SIL CRC GNG LTD: Pop Tart (3) :6132 - ServingDate: 01/19/2018 | | | | | | | |
| Frosted Brown Sugar Cinnamon Pop-Tart - SR1463 (1 pkg.) | 0 | 180.00 | 2.50 | 1.00 | 190.00 | 37.00 | 2.00 |

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL
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| Frosted Fudge Pop-Tart (poptart), Kellogg's, low fat - ILR1344 (1 pkg.) | 0 | 180.00 | 3.00 | 1.00 | 190.00 | 37.00 | 3.00 |
| Frosted Strawberry Pop-Tart - SR1465 (1 pkg.) | 0 | 180.00 | 2.50 | 1.00 | 180.00 | 38.00 | 2.00 |
| Fun Size Apple - SR1216 (1 kiddie (<2)) | 0 | 47.62 | 0.16 | 0.03 | 0.92 | 12.65 | 0.24 |
| 100% Apple Juice - SR1204 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| 100% Orange Juice - SR1295 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| SIL CRC GNG LTD: Strawberry Mini Pancakes :6132 - ServingDate: 01/22/2018 | | | | | | | |
| Strawberry Splash Mini Pancakes, Eggo Bites, heat and serve, 3.17 oz - ILR1690 (1 pkg.) | 0 | 206.40 | 6.02 | 0.86 | 129.00 | 36.12 | 3.44 |
| Banana - SR1166 (1 medium (7")) | 0 | 105.02 | 0.39 | 0.13 | 1.18 | 26.95 | 1.29 |
| Raisins, Sweetened 1.33 oz box USDA - ILR1471 (1 Box) | 0 | 113.12 | 0.00 | 0.00 | 3.97 | 29.77 | 0.99 |
| 100% Apple Juice - SR1204 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| 100% Orange Juice - SR1295 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| SIL CRC GNG LTD: Mini Cinni :6132 - ServingDate: 01/23/2018 | | | | | | | |
| Mini Cinnis - SR1595 (1 pkg.) | 0 | 240.00 | 8.00 | 2.00 | 300.00 | 40.00 | 5.00 |
| Banana - SR1166 (1 medium (7")) | 0 | 105.02 | 0.39 | 0.13 | 1.18 | 26.95 | 1.29 |
| 100% Apple Juice - SR1204 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| 100% Orange Juice - | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL
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| SR1295 (4 fl oz cup) | | | | | | | |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| SIL CRC GNG LTD: Ultra Slice Bread (4) :6132 - ServingDate: 01/24/2018 | | | | | | | |
| Ultra Bread Slice - Banana - ILR1306 (1 ea.) | 0 | 281.14 | 10.04 | 2.01 | 220.89 | 44.18 | 5.02 |
| Ultra Bread Slice - Cinnamon Burst - ILR1302 (1 ea.) | 0 | 271.10 | 10.04 | 2.01 | 190.77 | 44.18 | 6.02 |
| Ultra Bread Slice - Cocoa - ILR1309 (1 ea.) | 0 | 271.10 | 8.03 | 1.00 | 210.85 | 44.18 | 7.03 |
| Ultra Bread Slice - Pumpkin - ILR1305 (1 ea.) | 0 | 271.10 | 10.04 | 2.01 | 220.89 | 43.17 | 6.02 |
| Fun Size Apple - SR1216 (1 kiddie (<2)) | 0 | 47.62 | 0.16 | 0.03 | 0.92 | 12.65 | 0.24 |
| Diced Peaches, Extra Light Syrup, Canned USDA - ILR1456 (4 oz.) | 0 | 54.00 | 0.00 | 0.00 | 4.50 | 12.60 | 0.00 |
| 100% Apple Juice - SR1204 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| 100% Orange Juice - SR1295 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| SIL CRC GNG LTD: Muffin (4) :6132 - ServingDate: 01/25/2018 | | | | | | | |
| Apple Cinnamon Mini Muffin - SR1165 (1 muffin) | 0 | 190.00 | 6.00 | 2.00 | 130.00 | 30.00 | 3.00 |
| Banana Nut Muffin, Otis Spunkmeyer WG 2oz - ILR1013 (1 ea.) | 0 | 189.00 | 5.97 | 1.99 | 129.32 | 29.84 | 2.98 |
| Blueberry Mini Muffin - SR1454 (1 muffin) | 0 | 190.00 | 6.00 | 2.00 | 130.00 | 30.00 | 3.00 |
| Chocolate Muffin, Otis Spunkmeyer WG 2oz - ILR1014 (1 ea.) | 0 | 190.00 | 6.00 | 2.00 | 130.00 | 32.00 | 4.00 |

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL
Date: 01/01/2018 - 01/31/2018

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|--|---|--------|------|------|--------|-------|------|
| Unsweetened Applesauce Cups, Shelf Stable, USDA - ILR1461 (1 ea.) | 0 | 51.00 | 0.10 | 0.00 | 2.00 | 14.00 | 0.20 |
| 100% Apple Juice - SR1204 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| 100% Orange Juice - SR1295 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| SIL CRC GNG LTD: Parfait w/ Graham Crackers :6132 - ServingDate: 01/26/2018 | | | | | | | |
| Parfait; Just Peachy Parfait, 9 oz, vanilla yogurt, peaches - ILR1140 (1 ea.) | 0 | 127.00 | 0.75 | 0.50 | 54.75 | 25.80 | 3.50 |
| Perfect Pineapple Parfait - ILR1147 (1 ea.) | 0 | 134.02 | 0.81 | 0.51 | 53.07 | 28.32 | 3.79 |
| SIL Parfait; Very Strawberry Parfait, 9 oz, vanilla yogurt, Strawberries - ILR1153 (1 ea.) | 0 | 150.94 | 0.75 | 0.50 | 52.45 | 32.52 | 3.50 |
| Graham Crackers - SR1163 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 100.00 | 16.00 | 2.00 |
| Banana - SR1166 (1 medium (7")) | 0 | 105.02 | 0.39 | 0.13 | 1.18 | 26.95 | 1.29 |
| 100% Apple Juice - SR1204 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| 100% Orange Juice - SR1295 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| SIL CRC GNG LTD: Cereal Bars (3) :6132 - ServingDate: 01/29/2018 | | | | | | | |
| Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar) | 0 | 150.00 | 3.50 | 0.00 | 115.00 | 30.00 | 2.00 |
| Cocoa Puffs Cereal Bar - SR1308 (1 Bar) | 0 | 150.00 | 3.00 | 0.00 | 100.00 | 30.00 | 3.00 |

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL
Date: 01/01/2018 - 01/31/2018

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| Trix Cereal Bar - SR1307 (1 Bar) | 0 | 150.00 | 3.50 | 0.50 | 100.00 | 30.00 | 2.00 |
| Banana - SR1166 (1 medium (7")) | 0 | 105.02 | 0.39 | 0.13 | 1.18 | 26.95 | 1.29 |
| Pears, canned, diced, extra light syrup - ILR1463 (1/2 c.) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 16.00 | 0.00 |
| 100% Apple Juice - SR1204 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| 100% Orange Juice - SR1295 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| SIL CRC GNG LTD: Ultra Slice Breads (4) :6132 - ServingDate: 01/30/2018 | | | | | | | |
| Ultra Bread Slice - Banana - ILR1306 (1 ea.) | 0 | 281.14 | 10.04 | 2.01 | 220.89 | 44.18 | 5.02 |
| Ultra Bread Slice - Cinnamon Burst - ILR1302 (1 ea.) | 0 | 271.10 | 10.04 | 2.01 | 190.77 | 44.18 | 6.02 |
| Ultra Bread Slice - Cocoa - ILR1309 (1 ea.) | 0 | 271.10 | 8.03 | 1.00 | 210.85 | 44.18 | 7.03 |
| Ultra Bread Slice - Pumpkin - ILR1305 (1 ea.) | 0 | 271.10 | 10.04 | 2.01 | 220.89 | 43.17 | 6.02 |
| Unsweetened Applesauce Cups, Shelf Stable, USDA - ILR1461 (1 ea.) | 0 | 51.00 | 0.10 | 0.00 | 2.00 | 14.00 | 0.20 |
| 100% Apple Juice - SR1204 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| 100% Orange Juice - SR1295 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |
| SIL CRC GNG LTD: Parfait w/ Graham Crackers :6132 - ServingDate: 01/31/2018 | | | | | | | |
| Parfait; Just Peachy Parfait, 9 oz, vanilla yogurt peaches - | 0 | 127.00 | 0.75 | 0.50 | 54.75 | 25.80 | 3.50 |

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL
 Date: 01/01/2018 - 01/31/2018

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| ILR1140 (1 ea.) | | | | | | | |
| Perfect Pineapple Parfait - ILR1147 (1 ea.) | 0 | 134.02 | 0.81 | 0.51 | 53.07 | 28.32 | 3.79 |
| SIL Parfait; Very Strawberry Parfait, 9 oz, vanilla yogurt, Strawberries - ILR1153 (1 ea.) | 0 | 150.94 | 0.75 | 0.50 | 52.45 | 32.52 | 3.50 |
| Graham Crackers - SR1163 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 100.00 | 16.00 | 2.00 |
| Banana - SR1166 (1 medium (7")) | 0 | 105.02 | 0.39 | 0.13 | 1.18 | 26.95 | 1.29 |
| 100% Apple Juice - SR1204 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| 100% Orange Juice - SR1295 (4 fl oz cup) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| PF Regional Milk, Chocolate, Skim - ILR1136 (1 Half Pint) | 0 | 110.00 | 0.00 | 0.00 | 180.00 | 20.00 | 8.00 |
| PF Regional Milk, White, Lowfat 1% - ILR1137 (1 Half Pint) | 0 | 100.00 | 2.50 | 1.50 | 120.00 | 11.00 | 8.00 |

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Breakfast
 Menu Line: BRKFST-Classroom Café
 Serving Group: K-12
 Nutrients Option: Expanded